NOVEMBER 2026

ST. PATRICK'S RESIDENT NEWSLETTER

Thanksgiving History

In 1621, the Plymouth colonists and Wampanoag Indians shared an autumn harvest feast that is acknowledged today as one of the first Thanksgiving celebrations in the colonies. It wasn't until 1863, in the midst of the Civil War, that President Abraham Lincoln proclaimed a national Thanksgiving Day to be held each November.

Chicago Weather

First Snow of the Season

Average Temperature: 48°F Average Winter weather usually arrives during November. November is also Chicago's cloudiest month.

"THANKSGIVING IS A JOYOUS INVITATION TO SHOWER THE WORLD WITH LOVE AND GRATITUDE."

Resident Council

Monday, November 16 at 10:00 a.m.

Carmel Hall

We look forward to your ideas!

Every resident is an automatic member of the resident council with the rights to attend meetings. Resident Council minutes are posted on your unit bulletin board. If you are unable to attend, please call Jill at Ext. 1528 with your concerns or suggestions.

Happy Birthday

Geraldine B.	Nov 3
Sr. Paula B.	Nov 5
Mary W.	Nov 6
Julia B.	Nov 11
Fr. Steve B.	Nov 15
Cindy D.	Nov 19
Katie L.	Nov 19
Richard N.	Nov 25

100th Annual Macy's Parade

Some New York traditions deserve a spot on every November bucket list, and this year's Macy's Thanksgiving Day Parade is an especially big one: the beloved spectacle is celebrating its 100th parade!

Birthstone: Topaz

Topaz, the birthstone for November, likely gets its name from the Red Sea's Island of Topazios. It's often tinged with other minerals to create shades of pink, orange, and blue, but it is most commonly found in hues of yellow and gold. The ancient Greeks associated topaz with strength.

Flower: Chrysanthemum

These beautiful blooms, more commonly called tansies or mums, generally signify optimism and cheerfulness. Mums are a friendship flower and a lovely gift for expressing your appreciation.

Symbolic Significance of Pumpkins

Pumpkins symbolize gratitude, generosity, harvest, and abundance. Pumpkins also represent potential, as each pumpkin is packed full of seeds that will go on to make even more pumpkins.

Important Phone Numbers

Nursing Directors/Managers
Rachel Ext. 1545 (DON)
Kim Ext. 1633 (3E&W)
Sr. Theresa Ext. 1586

Nurse's Stations

1 West	Ext. 1530	3 West	Ext. 1550
2 East	Ext. 1560	3 East	Ext. 1570

Restorative Therapy Director
Barbara W. Ext. 1598

Clinical Services & Advanced Care
Andrea M. Ext. 1548

Life Enrichment Director - Jill Ext. 1528
Virginia & Gloria Ext. 1595
Tanfie & Ashley Ext. 1589

Social Services
Andrea M. Ext. 1548 2nd & 3rd Floor
Mayra Ext. 1596 1 West

Pastoral Care Director - Sr. Raphael Ext. 1512

Personal Funds/Bank - Brenda Ext. 1506

Dietary Director - Dave Ext. 1585
Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Vince Ext. 1503

Housekeeping Director - Dorota Ext. 1584
Housekeeping Evening Ext. 1639

Salon Appointments "0" for Operator
Front Desk "0" for Operator

Ombudsman - DuPage County
Karina Vazquez - 630-407-6483

The First Thanksgiving Feast Did you know?

For many Americans, the Thanksgiving meal includes seasonal dishes such as roast turkey with stuffing, cranberry sauce, mashed potatoes and pumpkin pie. The holiday feast dates back to November 1621, when the newly arrived Pilgrims and the Wampanoag Indians gathered at Plymouth for a 3-day autumn harvest celebration, an event regarded as America's "first Thanksgiving." But what was really on the menu at the famous banquet?

- Goose & Duck
- Venison, Wild Turkey,
- Fish, Lobster & Mussels
- Chestnuts & Walnuts
- Stew
- Beer
- Cornbread
- Pumpkin (not pie)
- Squash, Turnips & Carrots

Mandatory Reporting

If you suspect, witness, or are personally involved in an incident of abuse or neglect, it is imperative to report it immediately to the following individuals:

- Kate Marrero, Administrator:
  Phone: 630-209-5989
- Sr. Anthony, Assistant Administrator:
  Phone: 630-305-7635
- Rachel Lunon, Director of Nursing:
  Phone: 331-253-6510