November 2026

2 West Daily Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:30 All Saints' Day Mass(Channel 61) /Joy Squad Front Lobby** 1:30 Resident Choice - TV Favorites, Music & Games Daylight Saving Time Ends	2 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise **10:00 Trivia Time** **- November IQ -** **1:45 Table Games at 2 West** **2:30 Happy Hour at 2 West** 3:30 Resident Choice - TV Favorites & Music **All Soul's Day**	3 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West **1:30 Bingo at 2 West** 3:30 Resident Choice - TV Favorites & Music	4 9:00 Pop-in, Perk & Puzzle 9:45 Mass /Chapel (Chanel 61) 10:15 Exercise **1:30 Podcast "History of Candy"** **- 2 West -** 3:30 Resident Choice - TV Favorites & Music	5 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Chanel 61) 10:30 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West **1:30 BINGO 2 West Dining Room** 3:30 Resident Choice - TV Favorites & Music	6 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise **10:00 Name That Tune** **1:45 Classic Hit with Amy Albert** **- Carmel Hall -** **3:00 Flowers Arrangement** **- 2 West -** 3:30 Resident Choice - TV Favorite & Music **NO HAPPY HOUR**	7 9:15 Pop-in Visits **10:30 Rosary at 2 East** 3:30 Resident Choice - TV Favorites & Music
8 **10:30 Sunday Mass(Channel 61)** 1:30 Resident Choice - TV Favorites, Music & Games Diwali (Hindi)	9 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise **10:00 Pretty Nails Day** **1:30 Table Games at 2 West** **2:30 Happy Hour 2 West** 3:30 Resident Choice - TV Favorites & Music	10 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West **1:30 Bingo at 2 West** 3:30 Resident Choice - TV Favorites & Music	11 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Exercise **1:45 Honoring Our Veterans** **2:45 Room to Room Visits** 3:30 Resident Choice - TV Favorites & Music Veterans Day	12 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West **1:30 BINGO 2 West Dining Room** 3:30 Resident Choice - TV Favorites & Music	13 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise **10:00 Bible Study at 2 East** **1:30 Table Games 2 West** **2:30 Happy Hour- 2 West -** 3:30 Resident Choice - TV Favorites & Music	14 9:15 Pop-in Visits **10:30 Rosary at 2 East** **1:30 Games Day at 2 West** **1:30 Joy Squad - Pet Therapy** 3:30 Resident Choice - TV Favorites & Music **All Carmelite Saints Day**
15 **10:30 All Carmelite Souls Mass(Channel 61)** 1:30 Resident Choice - TV Favorites, Music & Games	16 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise **10:00 Resident Council** **- Carmel Hall** **10:45 Food Committee** **- Carmel Hall** **1:30 Table Games - 2 West** **2:30 Happy Hour - 2 West** 3:30 Resident Choice - TV Favorites & Music	17 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) **10:00 Pet Therapy with Winnie** 10:30 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West **1:30 BINGO 2 West Dining Room** 3:30 Resident Choice - TV Favorites & Music	18 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Exercise **1:45 Thanksgiving Center Piece** **CC Garden Club - 2 West** 3:30 Resident Choice - TV Favorites & Music	19 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West **1:30 Bingo 2 West Dining Room** 3:30 Resident Choice - TV Favorites & Music	20 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise **10:00 History of Thanksgiving** **1:30 Pretty Nails Day** **2:30 Happy Hour - 2 West** 3:30 Resident Choice - TV Favorites & Music	21 9:15 Pop-in Visits **10:30 Rosary at 2 East** 3:30 Resident Choice - TV Favorites & Music **The Presentation of the Blessed Virgin Mary**
22 **10:30 Our Lord Jesus Christ, King of the Universe Mass(Channel 61)** 1:30 Residents Choice - TV Favorite, Music & Games	23 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise **10:00 Football Trivia** 10:10 Pet Therapy with Maggie **1:45 Gratitude Cards Followed by Happy Hour** 3:30 Resident Choice - TV Favorites & Music	24 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West **2:00 Friendsgiving at 2 West** 3:30 Resident Choice - TV Favorites & Music **NO BINGO**	25 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Exercise **1:30 Discussion & Afternoon Tea/Coffee Time - 2 West -** 3:30 Resident Choice - TV Favorites & Music	26 **8:30 100th Annual Macy's Parade (NBC)** 9:00 Pop-in, Perk & Puzzle **10:30 Thanksgiving Mass** **1:30 BINGO 2 West Dining Room** 3:30 Resident Choice - TV Favorites & Music Thanksgiving Day (U.S.)	27 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise **10:00 Bible Study at 2 East** **2:30 Happy Hour - 2 West** 3:30 Resident Choice - TV Favorites & Music	28 9:15 Pop-in Visits **10:30 Rosary at 2 East** 3:30 Resident Choice - TV Favorites & Music
29 **10:30 Sunday Mass(Channel 61)** 1:30 Residents Choice - TV Favorite, Music & Games **First Sunday Advent**	30 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise **10:00 Pretty Nails Day** 10:10 Pet Therapy with Maggie **1:45 Kick Off the Holiday Concert** **- Erik - Carmel Hall** 3:30 Resident Choice - TV Favorites & Music **NO HAPPY HOUR**					

Activities and times are subject to change. Thank you for your understanding. Mass on channel 61, Communion on units for those unable to attend Mass. Channel 63 Resident Information.PLEASE ASK YOUR AID TO ASSIST YOU TO ACTIVITIES OR MASS.