

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2026

2 West Daily Activities

2 10:30 Sunday Mass(Channel 61) 1:30 Resident Choice - TV Favorites, Music & Games	3 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 1:30 Table Games Day- 2 West 2:45 Happy Hour at 2 West 3:30 Resident Choice - TV Favorites & Music	4 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall & Culture Dance 11:00 Group Exercise 2 West 1:30 Bingo at 2 West 3:30 Resident Choice - TV Favorites & Music	5 9:00 Pop-in, Perk & Puzzle 9:45 Mass /Chapel (Chanel 61) 10:15 Exercise 1:45 Making Bracelet Day 3:30 Resident Choice - TV Favorites & Music	6 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Chanel 61) 10:30 Coffee Social at Carmel Hall/70's Sing A Long 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	7 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 1:30 Pretty Nails Day 2:45 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	8 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Games Day 3:30 Resident Choice - TV Favorites & Music
9 10:30 Sunday Mass(Channel 61) 1:30 Resident Choice - TV Favorites, Music & Games	10 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 1:30 Table Games - 2 West 2:45 Happy Hour - 2 West 3:30 Resident Choice - TV Favorites & Music	11 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 Bingo at 2 West 3:30 Resident Choice - TV Favorites & Music	12 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Exercise 1:45 Enjoy Watermelon Day 3:30 Resident Choice - TV Favorites & Music	13 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	14 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 1:30 Painting - 2 West - Sunflower - 2:45 Happy Hour - 2 West 3:30 Resident Choice - TV Favorites & Music	15 9:15 Pop-in Visits 10:30 Rosary at 2 East 3:30 Resident Choice - TV Favorites & Music
16 10:30 Sunday Mass(Channel 61) 1:30 Resident Choice - TV Favorites, Music & Games	17 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Resident Council & Food Committee - Carmel Hall 10:10 Maggie Visits 1:45 Saints - Michelangelo - 2 West 2:45 Happy Hour - 2 West 3:30 Resident Choice - TV Favorites & Music	18 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:00 Pet Therapy with Winnie 10:30 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	19 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Exercise 1:45 Golden Oldies - Carmel Hall - Peter Oprisko - 3:30 Resident Choice - TV Favorites & Music	20 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 Bingo 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	21 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 1:30 Table Games - 2 West 2:45 Happy Hour - 2 West 3:30 Resident Choice - TV Favorites & Music	22 9:15 Pop-in Visits 10:30 Rosary at 2 East 3:30 Resident Choice - TV Favorites & Music
23 10:30 Sunday Mass(Channel 61)/Joy Squad - Front Lobby 1:30 Residents Choice - TV Favorite, Music & Games	24 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 10:10 Pet Therapy with Maggie 2:00 End of Summer Party 2 West 3:30 Resident Choice - TV Favorites & Music NO HAPPY HOUR	25 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 Bingo at 2 West 3:30 Resident Choice - TV Favorites & Music	26 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Exercise 1:30 Discussions & Afternoon Tea Time - 2 West 3:30 Resident Choice - TV Favorites & Music	27 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	28 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 1:30 Pretty Nails Day - 2 West 2:45 Happy Hour - 2 West 3:30 Resident Choice - TV Favorites & Music	29 9:15 Pop-in Visits 10:30 Rosary at 2 East 3:30 Resident Choice - TV Favorites & Music
30 10:30 Sunday Mass(Channel 61) 1:30 Residents Choice - TV Favorite, Music & Games	31 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 10:10 Pet Therapy with Maggie 1:30 Table Games Day - 2 West 2:45 Happy Hour at 2 West 3:30 Resident Choice - TV Favorites & Music					

Activities and times are subject to change. Thank you for your understanding. Mass on channel 61, Communion on units for those unable to attend Mass. Channel 63 Resident Information.PLEASE ASK YOUR AID TO ASSIST YOU TO ACTIVITIES OR MASS.



“New month, new intentions, new
goals, new love, new light, and
new beginnings.”

APRIL MAE MONTERROSA

