

MARCH 2026

ST. PATRICK'S RESIDENT NEWSLETTER

Patrick of Ireland

According to the autobiographical Confession of Patrick, when he was about sixteen, he was captured by Irish pirates from his home in Britain. He was taken as a slave to Ireland, looking after animals. He lived there for six years before escaping and returning to his family. After becoming a cleric, he returned to northern and western Ireland. In later life, he served as a bishop, but little is known about the places where he worked. By the seventh century, he had already come to be revered as the Patron Saint of Ireland. Saint Patrick's Day is observed on March 17, the supposed date of his death. It is celebrated inside and outside Ireland as a religious and cultural holiday.

Chicago Weather

March, the first month of the spring in Chicago, is still a cold month with temperatures increasing by 10°F from 40°F to 51°F. The month tends to be partly sunny for 13 days with about 11 days of precipitation.

Life Enrichment Staff

Tanfie - 2 West **Ashley - 2 East**
Gloria - 3 West **Virginia - 3 East**

Our Life Enrichment Team is dedicated to meeting your needs, including but not limited to manicures, gift shop visits, technical assistance, library book selection, greeting card purchases, package assistance, snacks, playing cards/games and providing extra word searches and coloring pages. Please make your requests to your designated team member.



Theresa T.	March 1
Kay P.	March 5
Janice S.	March 6
Lula S.	March 12
Michael B.	March 17
Mary H.	March 19
Carole N.	March 22
Margaret O.	March 24
Anthony M.	March 29
Gerry S.	March 30

Special Days

Daylight Savings Time	March 8
St. Patrick's Day	March 17
Spring Begins	March 20

Flower: Daffodil

The daffodil is emblematic of renewal and fresh starts, signifying the onset of spring as one of the initial perennial plants to blossom following the winter freeze.

Birthstone: Aquamarine

Aquamarine is a pale blue gem that gets its name from the Latin for "water of the sea." The stones with the deepest blue color fetch the highest prices. Aquamarines were highly prized by sailors, who believed the stones could provide protection on their voyages.

The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

stpatricksresidence.org

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | jwhitledge@stpatricksresidence.org

Resident Council

Monday, March 16 at 10:00AM

Carmel Hall

We look forward to your ideas!

Every resident is an automatic member of the resident council with the rights to attend meetings.

Important Phone Numbers

Nursing Directors/Managers

Rachel Ext. 1545 Anna J. Ext. 1622
Jamie Ext. 1502 Lori Ext. 1508

Nurse's Stations

1 West Ext. 1530 3 West Ext. 1550
2 East Ext. 1560 3 East Ext. 1570

Restorative Therapy Director

Tammy Ext. 1598

Clinical Services & Advanced Care

Andrea M. Ext. 1548

Life Enrichment Director - Jill Ext. 1528

Ashley/Virginia Ext. 1595
Gloria/Tanfie Ext. 1589

Social Services

Ebony C. Ext. 1577 Mayra C. Ext. 1596

Pastoral Care Director - Sr. Raphael Ext. 1512

Personal Funds/Bank - Brenda Ext. 1506

Dietary Director - Dave Ext. 1585

Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Bob Ext. 1503

Housekeeping Director - Dorota Ext. 1584

Housekeeping Evening Ext. 1639

Salon Appointments Ext. 1528

Front Desk "0" for Operator

Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

In like a Lion.....

"In like a lion, out like a lamb" has always seemed a straightforward enough proverb: when March starts, it's still winter, and by the end of the month spring has begun.

Some other March-related weather lore includes:

- A dry March and a wet May? Fill barns and bays with corn and hay.
- As it rains in March, so it rains in June.
- March winds and April showers? Bring forth May flowers.
- So many mists in March you see, so many frosts in May will be.

What will March be like in Naperville?

The Meaning of the Shamrock

The three-leaf clover, a type of trefoil plant, has been considered the unofficial national flower of Ireland for centuries. Irish legend says that Saint Patrick used the shamrock as an educational symbol to explain the Holy Trinity to nonbelievers as he converted the Irish to Christianity in the fourth century.

Facts About Ireland

- St. Patrick was born in Wales, not in Ireland.
 - The harp is the national symbol of Ireland and not the shamrock.
 - Ireland has the third-largest consumption of tea per capita.
 - There were never snakes in Ireland, even before Saint Patrick.
 - Irish surnames that start with "Mac" means "son of."
 - Irish surnames that start with "O" means "grandson of."
 - The Titanic was built in Belfast.
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