

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

3 WEST ACTIVITIES

| | | | | | | |
|---|--|---|--|--|--|--|
| | | | | 9:00 Pop-in, Perk & Puzzle 10:30 Solemnity of Mary the Holy Mother of God Mass 11:00 Group Exercise - 2 West 1:30 Bingo - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:45 Sing A Long with Mike 1:30 Flower Arrangements 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:15 Pop-in Visits 10:30 Rosary - 2 East 1:30 Resident Choice - TV Favorites & Music |
| 10:30 The Epiphany of the Lord Mass/Channel 61 2:30 Matinee Movie - Ch 62 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Trivia/Reminiscing 10:00 Pet Therapy/Maggie 2:00 Podcast Science of Snowflakes & Snowstorms - 2 East 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:00 Group Exercise - 2 West 1:30 Bingo - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 1:45 Making Bracelets 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:15 Coffee Social 11:00 Group Exercise - 2 West 1:30 Bingo - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Finish The Line/IN2L Games 10:00 Bible Study - 2 East 10:45 Sing A Long with Mike 1:30 Movie Matinee 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:15 Pop-in Visits 10:30 Rosary - 2 East 3:00 Resident Choice - TV Favorites & Music |
| | | New Year's Day | | | | |
| 10:30 Mass/Chanel 61 2:30 Matinee Movie - Ch 62 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Trivia/Reminiscing 2:00 Let it Snow Party - 3 West 3:30 Resident Choice - TV Favorites & Music NO HAPPY HOUR | 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:00 Group Exercise - 2 West 10:30 Coffee Social 1:30 Bingo - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Mass/ Chapel 1:30 Pretty Manicures 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:15 Coffee Social 11:00 Group Exercise - 2 West 1:30 Bingo - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Resident Council - Carmel Hall 1:30 Table games 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:15 Pop-in Visit 10:30 Rosary - 2 East 3:00 Resident Choice - TV Favorites & Music |
| 10:30 Mass /Channel 61 1:30 Resident Choice - TV Favorites & Music Activity Professionals Week | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Pet Therapy /Maggie 10:30 Trivia/Reminiscing 1:30 LRC Game 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music Martin Luther King Jr. Day | 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:00 Pet Therapy with Winnie 10:30 Coffee Social 11:00 Group Exercise - 2 West 1:30 Bingo - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Mass /Chapel 2:00 Mother's Tea - Carmel 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:15 Coffee Social 1:30 Bingo - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Trivia/IN2L Games 10:00 Bible Study - 2 East 10:45 Sing Along with Mike 1:30 Table Games 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:15 Pop-in Visits 10:30 Rosary 3:00 Resident Choice - TV Favorites & Music |
| 10:30 Sunday Mass 1:30 Resident Choice - TV Favorites & Music Australia Day (Observed) | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Trivia/Reminiscing 10:00 Pet Therapy/Maggie 1:30 Penny Ante Penny Game 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:00 Group Exercise - 2 West 1:30 Bingo - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 1:45 Sailing the USS Eagle Tall Ship - Carmel Hall 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:15 Coffee Social 1:30 Bingo - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Trivia/IN2L Games 10:45 Sing Along with Mike 1:30 Movie Matinee 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music | 9:15 Pop-in Visits 10:30 Rosary 3:00 Resident Choice - TV Favorites & Music |

Activities and times subject to change. Thank you for your understanding. Mass on channel 61. Communion on the unit for those unable to attend Mass. Channel 63 Resident Information .Please ask your aid to assist you to activities and Mass.