

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

2 WEST

# January 2026

				9:00 Pop-in, Perk & Puzzle 10:30 Mass/Chapel (Channel 61) Solemnity of Mary The Holy Mother of God 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Name That Tune 1:30 Pretty Nails/Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games at 2 West Dining 3:30 Resident Choice - TV Favorites & Music
4 10:30 Sunday Mass (Chanel 61) The Epiphany of The Lord 1:30 Resident Choice - TV Favorites, Music & Games 2:30 Matinee Move Ch. 62	5 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:10 Pet Therapy with Maggie 1:30 Table Games 2:00 Podcast - 2 East Snowflakes & Snowstorms 3:00 Happy Hour 3:30 Resident Choice - TV Favorites & Music	6 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	7 9:00 Pop-in, Perk & Puzzle 9:45 Mass /Chapel (Chanel 61) 10:15 Exercise 1:30 Making Bracelet at 2 West 3:30 Resident Choice - TV Favorites & Music  New Year's Day	8 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	9 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Bible Study - 2 East 1:30 Table Games 2 west 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	10 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games at 2 West 3:30 Resident Choice - TV Favorites & Music
11 10:30 Sunday Mass (Chanel 61) 1:30 Resident Choice - TV Favorites, Music & Games 2:30 Matinee Movie Channel 62	12 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 IN2L Games - 2 West 10:00 Pet Therapy with Maggie 2:00 Let it Snow Party - 2 West 3:30 Resident Choice - TV Favorite & Music  NO HAPPY HOUR	13 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	14 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Exercise 1:30 Pretty Nails/Table Games at 2 West 3:30 Resident Choice - TV Favorites & Music	15 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 Bingo 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	16 9:00 Pop-in, Perk & Puzzle 9:00 Morning Exercise 10:00 Resident Council Carmel Hall 1:30 Table Games 3:00 Happy Hour 2 West 3:30 Resident Choice - TV Favorites & Music	17 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games - 2 West 3:30 Resident Choice - TV Favorites & Music
18 10:30 Sunday Mass(Channel 61) 1:30 Resident Choice - TV Favorites, Music & Games  Activity Professionals Week	19 9:00 Pop-in, Perk & Puzzle 9:15 Exercise 10:10 Pet Therapy with Maggie 10:30 MLK Trivia 1:30 Table Games 2 West 3:00 Happy Hour 2 West 3:30 Resident Choice - TV Favorites & Music  Martin Luther King Jr. Day	20 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:00 Pet Therapy with Winnie 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	21 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Exercise 2:00 Mother's Tea - Carmel Hall 3:30 Resident Choice - TV Favorites & Music	22 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	23 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:30 Bible Study at 2 East 1:30 Table Games at 2 West 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	24 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games - 2 West 3:30 Resident Choice - TV Favorites & Music
25 10:30 Sunday Mass(Channel 61) 1:30 Residents Choice - TV Favorite, Music & Games  Australia Day (Observed)	26 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Pretty Nails Day 10:10 Pet Therapy with Maggie 1:30 Table Games 2 West 2:30 Happy Hour at 2 West 3:30 Resident Choice - TV Favorites & Music	27 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	28 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Exercise 1:45 Sailing the USS Eagle Tall Ship - Carmel Hall _ 3:30 Resident Choice - TV Favorites & Music	29 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Coffee Social at Carmel Hall 11:00 Group Exercise 2 West 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	30 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:30 Name That Tune 1:30 Table Games at 2 West 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	31 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games - 2 West 3:30 Resident Choice - TV Favorites & Music

Activities and times are subject to change. Thank you for your understanding. Mass on channel 61, Communion on units for those unable to attend Mass. Channel 63 Resident Information.PLEASE ASK YOUR AID TO ASSIST YOU TO ACTIVITIES OR MASS.