NOVEMBER 2025

ST. PATRICK'S RESIDENT NEWSLETTER

Thanksgiving History

In 1621, the Plymouth colonists and Wampanoag Indians shared an autumn harvest feast that is acknowledged today as one of the first Thanksgiving celebrations in the colonies. It wasn't until 1863, in the midst of the Civil War, that President Abraham Lincoln proclaimed a national Thanksgiving Day to be held each November.

Chicago Weather

First Snow of the Season

Average Temperature: 48°F Average Winter weather usually arrives during November. November is also Chicago's cloudiest month.

"THANKSGIVING IS A JOYOUS INVITATION TO SHOWER THE WORLD WITH LOVE AND GRATITUDE."

Resident Council

Monday, November 17 at 10:30 a.m. Carmel Hall

We look forward to your ideas!

Every resident is an automatic member of the resident council with the rights to attend meetings. Resident Council Minutes are posted on your unit bulletin board. If you are unable to attend, please call Ext. 1528 with your concerns or suggestions.

Happy Birthday

Geraldine B.	Nov 3
Sr. Paula B.	Nov 5
Sonja A.	Nov 8
Julia B.	Nov 11
Louise W.	Nov 16
Cindy D.	Nov 19
Katie L.	Nov 19
Fr. John D.	Nov 22
Donald G.	Nov 28

November Holidays

Friday, November 1 - All Saints Day Sunday, November 3 - Time Change Tuesday, November 11- Veterans Day Thursday, November 27 - Thanksgiving Day

Birthstone: Topaz

Topaz, the birthstone for November, likely gets its name from the Red Sea's Island of Topazios. It's often tinged with other minerals to create shades of pink, orange, and blue, but it is most commonly found in hues of yellow and gold. The ancient Greeks associated topaz with strength.

Flower: Chrysanthemum

These beautiful blooms, more commonly called tansies or mums, generally signify optimism and cheerfulness. Mums are a friendship flower and a lovely gift for expressing your appreciation.

The Difference is Love

Honoring Our Veterans

To all members of our military, in all branches, past and present, thank you for your sacrifice and bravery. Wednesday, Nov. 12th at 10:30 a.m. Carmel Hall

Important Phone Numbers

Nursing Directors/Managers

Rachel Ext. 1545 Sr. Theresa Ext. 1586

Jamie Ext. 1502 Lori Ext. 1508

Nurse's Stations

1 West Ext. 1530 3 West Ext. 1550 2 East Ext. 1560 3 East Ext. 1570

Restorative Therapy Director

Tammy Ext. 1598

Clinical Services & Advanced Care

Andrea M. Ext. 1548

Life Enrichment Director - Jill Ext. 1528

Virginia Ext. 1595 Gloria/Tanfie/Ashley Ext. 1589

Social Services

Ebony C. Ext. 1577 Mayra Ext. 1596

Andrea M. Ext. 1548

Pastoral Care Director - Sr. Raphael Ext. 1512

Personal Funds/Bank - Brenda Ext. 1506

Dietary Director - Dave Ext. 1585

Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Bob Ext. 1503

Housekeeping Director - Dorota Ext. 1584

Housekeeping Evening Ext. 1639

Salon Appointments "0" for Operator

Front Desk "0" for Operator

Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

Macy's Parade

Macy Day's Parade wasn't always about floats and balloons. When the parade first began in 1924, it featured live animals like camels, elephants, bears, and monkeys borrowed from the Central Park Zoo.

Symbolic Significance of Pumpkins

Pumpkins symbolize gratitude, generosity, harvest, and abundance. Pumpkins also represent potential, as each pumpkin is packed full of seeds that will go on to make even more pumpkins.

The First Thanksgiving Feast Did you know?

For many Americans, the Thanksgiving meal includes seasonal dishes such as roast turkey with stuffing, cranberry sauce, mashed potatoes and pumpkin pie. The holiday feast dates back to November 1621, when the newly arrived Pilgrims and the Wampanoag Indians gathered at Plymouth for a 3-day autumn harvest celebration, an event regarded as America's "first Thanksgiving." But what was really on the menu at the famous banquet?

- Goose & Duck
- Venison, Wild Turkey,
- Fish, Lobster & Mussels
- Chestnuts & Walnuts
- Stew
- Beer
- Cornbread
- Pumpkin (not pie)
- Squash, Turnips & Carrots

The Difference is Love