OCTOBER 2025

ST. PATRICK'S RESIDENT NEWSLETTER

The Prairie State

Illinois has been known as the Prairie State since at least 1842, and it's for obvious reasons. This nickname came about because of the rolling prairies of Illinois and the miles of cultivated fields that made Illinois one of the leading producers of corn and later, soy beans, in the United States.

CHICAGO WEATHER Fall weather kicks in!

Average Temperature: 54°F Average Hours of Sunshine: 7 Average Precipitation: 2.67"

"AUTUMN SHOWS US HOW BEAUTIFUL IT IS TO LET THINGS GO."

Resident Council

Monday, October 20 at 10:30 a.m. Carmel Hall

We look forward to your ideas!

Every resident is an automatic member of the resident council with the rights to attend meetings. Resident Council minutes are posted on your unit bulletin board. If you are unable to attend, please call Ext. 1528 with your concerns or suggestions.



Jack F.	Oct 2
Joy B.	Oct 4
Lori D.	Oct 7
Penny M.	Oct 9
Joyce H.	Oct 10
Giovanna A.	Oct 11
Joan P.	Oct 12
Dawn P.	Oct 18
Sr. Depaul S.	Oct 19
Marilyn N.	Oct 19
Sr. Therese M.	Oct 19
Sr. Joan Clare W.	Oct 20
Madelene L.	Oct 20
Eileen D.	Oct 23
Alphonse A.	Oct 27
Sr. Phyllis P.	Oct 28
Robert A.	Oct 28

Birthstone: Opal

The October birthstone, the opal, symbolizes faithfulness and confidence. The word comes from the Latin opalus, meaning "precious jewel," and from the Greek word opallios, meaning "to see a change in color."

Flower: Cosmos

Cosmos are a symbol of order, peace, and serenity. The name Cosmos comes from the Greek kosmos, meaning order, harmony, or the world. Spanish mission priests in Mexico cultivated cosmos in the mission gardens, and gave it this name because of its "evenly placed petals."

The Difference is Love

Rights to Medical Records

As a resident, you are entitled to request copies of your records or specific sections thereof. To make your request, please contact Melodee at extension 1578. Kindly note that you may be required to sign a release form before accessing the requested information.

Important Phone Numbers

Nursing Directors/Managers

Rachel Ext. 1545 Sr. Theresa Ext. 1586

Jamie Ext. 1502 Lori Ext. 1508

Nurse's Stations

1 West Ext. 1530 3 West Ext. 1550 2 East Ext. 1560 3 East Ext. 1570

Restorative Therapy Director

Tammy Ext. 1598

Clinical Services & Advanced Care

Andrea M. Ext. 1548

Life Enrichment Director - Jill Ext. 1528

Virginia /Ashley Ext. 1595 Gloria/Tanfie/Ashley Ext. 1589

Social Services

Ebony C. Ext. 1577 Mayra Ext. 1596

Andrea M. Ext. 1548

Pastoral Care Director - Sr. Raphael Ext. 1512

Personal Funds/Bank - Brenda Ext. 1506

Dietary Director - Dave Ext. 1585

Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Bob Ext. 1503

Housekeeping Director - Dorota Ext. 1584

Housekeeping Evening Ext. 1639

Salon Appointments "O" for Operator

Front Desk "0" for Operator

Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

Carmelite Sisters Core Value - Compassion

Our belief is that each person is created in the image of God as an object of His personal love and as such we are to bring hope, healing and comfort to all we encounter in our ministry. In the words of Venerable Mary Angeline Teresa, we strive to be "kinder than kindness itself."

Did you know?

Scarecrows are such an ordinary creation, it's strange to think that there's actually a history behind them.

- Scarecrows were originally made to do exactly what their name suggests: scare off crows and other birds that might ruin the farmer's crops.
- They were first made by the Egyptians to protect their wheat fields, especially along the Nile River.
- In Medieval Britain, there was an actual job for young boys called a "bird scarer" who wandered the fields with bags of stones to throw at the birds.
- The most famous scarecrow is the fictional character in The Wizard of Oz.
- Around the U.K., scarecrows have many different nicknames depending on where you are, such as Hodmedod, Hay-man, Gallybagger, Tattie Bogal, Bwach, etc.
- Iconic Appearance: A Scarecrow's appearance is instantly recognizable. His straw body, patched clothes, and straw hat have become iconic symbols as fall decor.

The Difference is Love