

SEPTEMBER 2025

ST. PATRICK'S RESIDENT NEWSLETTER

Harvest Moon

The term "harvest moon" refers to the full, bright Moon that occurs closest to the start of autumn. The name dates from the time before electricity, when farmers depended on the Moon's light to harvest their crops late into the night. The Moon's light was particularly important during fall, when harvests are the largest.

CHICAGO WEATHER

Goodbye Summer, Hello Fall!

Average Temperature: 64°F Average
Hours of Sunshine: 9 Average
Precipitation: 3.4"

*AND THEN THE SUN TOOK A STEP
BACK, THE LEAVES LULLED THEMSELVES
TO SLEEP AND AUTUMN WAS AWAKED.
– RAQUEL FRANCO*

Resident Council/Food Committee

Monday, September 15th at 10:30 a.m.

Carmel Hall

We look forward to your ideas!
Every resident is an automatic member of the resident council with the rights to attend meetings. Resident Council minutes are posted on your unit bulletin board. If you are unable to attend, please call Ext. 1528 with your concerns or suggestions.



Claire V.	Sept. 2nd
Fr. Dan S.	Sept. 2nd
Mary L.	Sept. 5th
Norma D.	Sept. 14th
Dolores N.	Sept. 19th
Mary O.	Sept. 19th
Jean M.	Sept. 20th
Bill T.	Sept. 21st

Birthstone: Sapphire

The birthstone for September is the sapphire, which is found in many different colors but is most well known for being a bright, vivid blue color. The sapphire is known for representing wisdom, good fortune, truth, and power.

Flower: Aster

Asters are known to symbolize wisdom, valor, and faith. Different aster colors can also carry different meanings: Purple asters symbolize wisdom and royalty.

The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

stpatrickresidence.org

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | jwhitledge@stpatrickresidence.org

Classic Car Show & Concert

You are cordially invited to join us on Sunday, September 7th, at 1:00 p.m. in the employee parking lot for an opportunity to admire the classic cars on display from the Vintage Chevrolet Club of America. Enjoy an afternoon filled with music and refreshments.

Important Phone Numbers

Nursing Directors/Managers

Rachel Ext. 1545 Sr. Theresa Ext. 1586
Jamie Ext. 1502 Lori Ext. 1508

Nurse's Stations

1 West Ext. 1530 3 West Ext. 1550
2 East Ext. 1560 3 East Ext. 1570

Restorative Therapy Director

Tammy Ext. 1598

Clinical Services

Andrea M. Ext. 1548

Life Enrichment Director - Jill Ext. 1528

Virginia /Ashley Ext. 1595
Gloria/Tanfie/Ashley Ext. 1589

Social Services

Ebony C. Ext. 1577 Mayra Ext. 1596
Andrea M. Ext. 1548

Pastoral Care Director - Sr. Raphael Ext. 1512

Personal Funds/Bank - Brenda Ext. 1506

Dietary Director - Dave Ext. 1585

Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Bob Ext. 1503

Housekeeping Director - Dorota Ext. 1584

Housekeeping Evening Ext. 1639

Salon Appointments "O" for Operator

Front Desk "O" for Operator

Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

Carmelite Sisters Core Value - Hospitality

Our belief is that each home should provide a welcoming, person-centered environment and atmosphere of a "Home." Personal warmth, love and care will reflect and give value and purpose to the residents' lives. The wholistic care of each resident encompasses their physical, social, psychological, emotional and spiritual needs. Guided by our our Catholic tradition we seek to honor the spiritual journeys of all people of all faiths.

Did you know?

We know that you are quite familiar with the phrase "an apple a day keeps the doctor away" but what else do you know about the humble apple?

- Apples are members of the rose family.
- The average person eats 65 apples a year.
- Most of the antioxidants found in apples, including quercetin, are located in the skin.
- The most popular varieties of apples in the US are the Red Delicious, Golden Delicious, and the Granny Smith.
- Apple trees can live to be about 100 years old.
- It takes about 36 apples to create one gallon of apple cider.
- There are more than 2,500 varieties of apples grown in the United States, and they come in all shades of red, green and yellow.

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