

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Autumn	1 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 10:10 Pet Therapy with Maggie 2:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorites & Music Labor Day	2 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	3 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Exercise 1:30 Reminiscing Time - Craft Corner 3:30 Resident Choice - TV Favorites & Music	4 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	5 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:30 Garden Visits 1:30 Pretty Nails/Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	6 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games at 2 West Dining 3:30 Resident Choice - TV Favorites & Music
7 10:30 Sunday Mass (Chanel 61) 11:15 Pet Therapy at the Lobby 1:00 Grandparent's Day Classic Car Show, Concert, and Refreshment (Parking Lot Patio) 1:30 Resident Choice - TV Favorites, Music & Games Grandparents Day	8 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 10:10 Pet Therapy with Maggie 2:00 Podcast - 2 East Structures - Golden Gate Bridge 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorites & Music	9 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	10 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Exercise 1:30 Table Games 2 West 3:30 Resident Choice - TV Favorites & Music	11 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Coffee Social at Carmel Hall 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	12 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:30 Garden Visits 1:30 Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	13 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games at 2 West Dining 3:30 Resident Choice - TV Favorites & Music
14 10:30 Sunday Mass (Chanel 61) 1:30 Resident Choice - TV Favorites, Music & Games 2:30 Matinee Movie Channel 62	15 9:00 Pop-in, Perk & Puzzle 9:15 Exercise 10:10 Pet Therapy with Maggie 10:30 Resident Council & Food Committee at Carmel Hall 2:00 Travelogue at Carmel Hall I N D I A 3:30 Resident Choice - TV Favorites & Music NO HAPPY HOUR	16 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 Bingo 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	17 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:00 Pet Therapy with Winnie 10:30 Half Way to St. Patrick's Day Party at Carmel Hall 2:00 Garden Club Craft at 2 West 3:30 Resident Choice - TV Favorites & Music	18 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 Bingo 2 West Dining room 3:30 Resident Choice - TV Favorites & Music	19 9:00 Pop-in, Perk & Puzzle 9:00 Morning Exercise 10:30 Garden Visits 2:00 Celebrating Delores's 100th Birthday at 2 West 3:30 Resident Choice - TV Favorites & Music NO HAPPY HOUR	20 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games - 2 West 3:30 Resident Choice - TV Favorites & Music Oktoberfest Begins
21 10:30 Sunday Mass(Channel 61) 1:30 Resident Choice - TV Favorites, Music & Games	22 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 10:10 Pet Therapy with Maggie 1:30 Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorites & Music Rosh Hashanah Begins Autumn Begins	23 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 Bingo 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	24 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Exercise 1:45 Table Games/Pretty Nails at 2 West 3:30 Resident Choice - TV Favorites & Music	25 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	26 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:30 Garden Visits 1:30 Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	27 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games - 2 West 3:30 Resident Choice - TV Favorites & Music
28 10:30 Sunday Mass(Channel 61) 1:30 Residents Choice - TV Favorite, Music & Games 2:30 Matinee Movie Channel 62	29 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 10:10 Pet Therapy with Maggie 1:30 Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorites & Music	30 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 Bingo 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	September 2025 2 WEST ACTIVITIES			

Activities and times are subject to change. Thank you for your understanding. Mass on channel 61, Communion on units for those unable to attend Mass. Channel 63 Resident Information.PLEASE ASK YOUR AID TO ASSIST YOU TO ACTIVITIES OR MASS.