

# AUGUST 2025

## ST. PATRICK'S RESIDENT NEWSLETTER

### Dog Days of Summer

The phrase references the phenomenon whereby, during this period, the Sun occupies the same region of the sky as Sirius—the brightest star visible from any location on Earth. Sirius is part of the constellation Canis Major, known as the Greater Dog, which is why it is often referred to as the Dog Star.

### Chicago Weather

#### The last full month of Summer!

Average Temperature: 82°F Average  
Over the course of August in Chicago, the  
length of the day is rapidly decreasing.  
Precipitation: 3.75"

### Resident Council

**Monday, August 18 at 10:30 a.m.**  
**Carmel Hall**

We look forward to your ideas!  
If you are unable to attend, please  
call Ext. 1528 with your concerns  
or suggestions.

### Bed Adjustment Controls

Remote controls for bed adjustments  
should be properly secured between the  
rails. Please refrain from wrapping the  
cord around the bed rails, as this can  
cause damage to the units.



Eugene G.	Aug 1
Ruth M.	Aug 5
Sr. Odelia K.	Aug 5
Fritz S.	Aug 8
Betty J.	Aug 9
Michele G.	Aug 12
Joann L.	Aug 12
Iolanda C.	Aug 21
Milca H.	Aug 21
Barbara C.	Aug 24
Nancy T.	Aug 25
Richard B.	Aug 28
Mary Ann M.	Aug 31

### Birthstone: Peridot

The traditional color associated with the Peridot is lime green. The Peridot has been regarded since ancient times as the symbol of the sun. The Greeks believed that it brought royal dignity upon its wearer.

### Flower: Gladiolus

The Gladiolus symbolizes sincerity and strength of character. The Gladiolus was favored during the Victorian era and means "Love at first sight."

**"BECAUSE A LITTLE BIT OF  
SUMMER IS WHAT THE WHOLE  
YEAR IS ABOUT." - JOHN MEYER**

## The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563  
[stpatrickresidence.org](http://stpatrickresidence.org)

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | [jwhitledge@stpatrickresidence.org](mailto:jwhitledge@stpatrickresidence.org)

## Resident Rights

As a resident of a nursing home, you possess specific rights and protections under both federal and state laws designed to ensure that you receive the necessary care and services. You have the right to be informed, to make your own decisions, and to maintain the confidentiality of your personal information.

For a comprehensive list of your rights, please call Social Services.

## New! Salon Appointments

Effective August 1st, all salon appointments will be managed by the receptionist. Please provide her with the following information: your name, preferred beautician, and the desired salon service (e.g., wash and set, haircut and style, or perm). Appointments will be scheduled based on availability unless a specific date is requested.

## Life Enrichment Staff

**Tanfie - 2 West**      **Emmy/Ashley - 2 East**  
**Gloria - 3 West**      **Virginia - 3 East**

Our Life Enrichment Team is dedicated to meeting your needs, including but not limited to manicures, gift shop visits, technical assistance, library book selection, greeting card purchases, package assistance, snacks, playing cards/games and providing extra word searches and coloring pages. Please make your requests to your designated team member.

## Carmelite Core Value Hospitality

Our belief is that each home should provide a welcoming person-centered environment and atmosphere of a "Home." Personal warmth, love and care will reflect and give value and purpose to the residents' lives.

## Important Phone Numbers

### Nursing Directors/Managers

Rachel Ext. 1545      Sr. Theresa Ext. 1586  
Jamie Ext. 1502      Lori Ext. 1508

### Nurse's Stations

1 West Ext. 1530      3 West Ext. 1550  
2 East Ext. 1560      3 East Ext. 1570

### Restorative Therapy Director

Tammy Ext. 1598

### Life Enrichment Director - Jill Ext. 1528

Ashley/Virginia Ext. 1595  
Gloria/Tanfie/Emmy Ext. 1589

### Social Services -

Ebony C. Ext. 1577      Andrea M. Ext. 1548  
Mayra Ext. 1596

### Personal Funds/Bank - Brenda Ext. 1506

### Dietary Director - Dave Ext. 1585

Gretta Ext. 1521      Diet Office Ext. 1524

### Maintenance Director - Bob Ext. 1503

### Housekeeping Director - Dorota Ext. 1584

Housekeeping Evening Ext. 1639

### Salon Appointments "0" for Operator

### Receptionist "0" for Operator

### Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

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