

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2025

2 WEST ACTIVITIES

August 2025 2 WEST ACTIVITIES						1 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:30 Garden Visits 1:30 Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	2 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Dog Visits - Joy Squad 1:30 Table Games at 2 West Dining 3:30 Resident Choice - TV Favorites & Music
3 10:30 Sunday Mass (Chanel 61) 1:30 Resident Choice - TV Favorites, Music & Games	4 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 10:10 Pet Therapy with Maggie 1:45 Country Games & Refreshment - Carmel Hall 3:30 Resident Choice - TV Favorites & Music NO HAPPY HOUR	5 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	6 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Exercise 1:30 Table Games 1:45 Faith Sharing - Carmel Hall 2:00 Root Beer Floats - Room to Room 3:30 Resident Choice - TV Favorites & Music	7 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	8 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:30 Garden Visits 1:30 Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	9 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games at 2 West Dining 3:30 Resident Choice - TV Favorites & Music	
10 10:30 Sunday Mass (Chanel 61) 1:30 Resident Choice - TV Favorites, Music & Games	11 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 10:10 Pet Therapy with Maggie 1:45 Relax & Rejuvenating Spa Day - Carmel Hall 3:30 Resident Choice - TV Favorites & Music NO HAPPY HOUR	12 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	13 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Exercise 1:45 Concert at Carmel Hall 3:30 Resident Choice - TV Favorites & Music	14 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:30 Coffee Social at Carmel Hall 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	15 9:00 Pop-in, Perk & Puzzle 9:00 Morning Exercise 10:30 Garden Visits 1:30 Table Games 3:00 Happy Hour 2 West 3:30 Resident Choice - TV Favorites & Music	16 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games - 2 West 3:30 Resident Choice - TV Favorites & Music	
17 10:30 Sunday Mass(Channel 61) 1:30 Resident Choice - TV Favorites, Music & Games	18 9:00 Pop-in, Perk & Puzzle 9:15 Exercise 10:10 Pet Therapy with Maggie 10:30 Resident Council at Carmel Hall 2:00 Podcast - 2 East Washington DC Monuments 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorites & Music	19 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 Bingo 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	20 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:00 Pet Therapy with Winnie 10:15 Exercise 2:00 Travelogue - Carmel Hall S P A I N 3:30 Resident Choice - TV Favorites & Music	21 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 Bingo 2 West Dining room 3:30 Resident Choice - TV Favorites & Music	22 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:30 Garden Visits 1:30 Table Games/Pretty Nails 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	23 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games - 2 West 3:30 Resident Choice - TV Favorites & Music	
24 10:30 Sunday Mass(Channel 61) 11:15 Joy Squad Pet Visits - Lobby 1:30 Residents Choice - TV Favorite, Music & Games	25 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Garden Visits 10:10 Pet Therapy with Maggie 1:30 Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorites & Music	26 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 Bingo 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	27 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Exercise 1:45 St. Carlo Acutis Teen Saint Carmel Hall 3:30 Resident Choice - TV Favorites & Music	28 9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 1:30 BINGO 2 West Dining Room 3:30 Resident Choice - TV Favorites & Music	29 9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:30 Garden Visits 1:30 Table Games 3:00 Happy Hour at 2 West 3:30 Resident Choice - TV Favorite & Music	30 9:15 Pop-in Visits 10:30 Rosary at 2 East 1:30 Table Games - 2 West 3:30 Resident Choice - TV Favorites & Music	
31 10:30 Sunday Mass (Chanel 61) 1:30 Resident Choice - TV Favorites, Music & Games	So let go, my soul, and trust in Him The waves and wind still know His name 						

Activities and times are subject to change. Thank you for your understanding. Mass on channel 61, Communion on units for those unable to attend Mass. Channel 63 Resident Information.PLEASE ASK YOUR AID TO ASSIST YOU TO ACTIVITIES OR MASS.