

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Fun Fitness 10:15 Group Trivia 11:00 Prayer & Reflection 1:30 Creative Corner 2:30 Snack Time 3:30 Afternoon TV/Music Canada Day	2 9:30 Fun Fitness 10:15 Start with the Letter 11:00 Prayer & Reflection 1:30 Games/Puzzles 2:30 Afternoon Snack 3:30 Afternoon TV/Music	3 9:30 Fun Fitness 10:15 Word Trivia 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	4 9:30 Fun Fitness 10:30 Group Trivia 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music Independence Day (U.S.)	5 10:00 Fun Fitness 10:15 Starts with the Letter 10:30 Rosary (2E) 1:30 Creative Corner 2:15 Snack Time 3:30 Afternoon TV/Music
6 10:00 Perk/Fun Fitness/Games 10:30 Mass Chapel/Ch.61 11:30 Lunch Prayer 1:30 Calm Coloring 2:15 Snack Time 3:30 Afternoon TV/Music	7 10:00 Fun Fitness 10:30 Starts With The Letter - Maggie Visits 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	8 9:30 Fun Fitness 10:15 Group Trivia 11:00 Prayer & Reflection 1:30 Creative Corner 2:30 Snack Time 3:30 Afternoon TV/Music	9 9:30 Fun Fitness 10:15 Start with the Letter 11:00 Prayer & Reflection 1:30 Table Top Games/Puzzles 2:30 Afternoon Snack 3:30 Afternoon TV/Music	10 9:30 Fun Fitness 10:15 Word Trivia 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	11 9:30 Fun Fitness 10:30 Group Trivia 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	12 10:00 Fun Fitness 10:15 Starts with the Letter 10:30 Rosary (2E) 1:30 Creative Corner 2:15 Snack Time 3:30 Afternoon TV/Music
13 10:00 Perk/Fun Fitness/Games 10:30 Mass Chapel/Ch.61 11:30 Lunch Prayer 1:30 Calm Coloring 2:15 Snack Time 3:30 Afternoon TV/Music	14 10:00 Fun Fitness 10:30 Starts With The Letter - Maggie Visits 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	15 9:30 Fun Fitness 10:15 Group Trivia 11:00 Prayer & Reflection 1:30 Creative Corner 2:30 Snack Time 3:30 Afternoon TV/Music	16 9:30 Fun Fitness 10:15 Start with the Letter 11:00 Prayer & Reflection 1:30 Table Top Games/Puzzles 2:30 Afternoon Snack 3:30 Afternoon TV/Music	17 9:30 Fun Fitness 10:15 Word Trivia 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	18 9:30 Fun Fitness 10:15 Group Trivia 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	19 10:00 Fun Fitness 10:30 Rosary (2E) 10:15 Starts with the Letter 1:30 Creative Corner 2:15 Snack Time 3:30 Afternoon TV/Music
20 10:00 Perk/Fun Fitness/Games 10:30 Mass Chapel/Ch.61 11:30 Lunch Prayer 1:30 Calm Coloring 2:15 Snack Time 3:30 Afternoon TV/Music	21 10:00 Fun Fitness 10:30 Starts With The Letter - Maggie Visits 10:30 Resident Council-Carmel Hall 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	22 9:30 Fun Fitness 10:15 Group Trivia 11:00 Prayer & Reflection 1:30 Creative Corner 2:30 Snack Time 3:30 Afternoon TV/Music	23 9:30 Fun Fitness 10:15 Start with the Letter 11:00 Prayer & Reflection 1:30 Table Top Games/Puzzles 2:30 Afternoon Snack 3:30 Afternoon TV/Music	24 9:30 Fun Fitness 10:15 Word Trivia 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	25 9:30 Fun Fitness 10:30 Group Trivia 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	26 10:00 Fun Fitness 10:15 Starts with the Letter 10:30 Rosary (2E) 1:30 Creative Corner 2:15 Snack Time 3:30 Afternoon TV/Music
27 10:00 Perk/Fun Fitness/Games 10:30 Mass Chapel/Ch.61 11:15 Pet Therapy - Lobby 11:30 Lunch Prayer 1:30 Calm Coloring 2:15 Snack Time 3:30 Afternoon TV/Music	28 10:00 Fun Fitness 10:30 Starts With The Letter - Maggie Visits 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	29 9:30 Fun Fitness 10:15 Group Trivia 11:00 Prayer & Reflection 1:30 Creative Corner 2:30 Snack Time 3:30 Afternoon TV/Music	30 9:30 Fun Fitness 10:15 Start with the Letter 11:00 Prayer & Reflection 1:30 Table Top Games/Puzzles 2:00 That's Entertainment Song & Dance - Carmel Hall 2:30 Afternoon Snack 3:30 Afternoon TV/Music	31 9:30 Fun Fitness 10:15 Word Trivia 11:00 Prayer & Reflection 1:30 Busy Bees 2:30 Snack Time 3:30 Afternoon TV/Music	3 East 	

Activities subject to change. Mass on Channel 61 every Tuesday, Wednesday, Thursday at 9:45AM; Sunday Mass at 10:30AM. Communion on your unit for those unable to attend Mass.