

JANUARY 2025

ST. PATRICK'S RESIDENT NEWSLETTER

New Year's Eve Celebrations

In the United States, the most iconic New Year's tradition is the dropping of a giant ball in New York City's Times Square at the stroke of midnight. Millions of people around the world watch the event, which has taken place almost every year since 1907. Over time, the ball itself has ballooned from a 700-pound iron-and-wood orb to a brightly patterned sphere 12 feet in diameter and weighing in at nearly 12,000 pounds. Various towns and cities across America have developed their own versions of the Times Square ritual, organizing public drops of items ranging from pickles (Dillsburg, Pennsylvania) to possums (Tallapoosa, Georgia) at midnight on New Year's Eve.

Chicago Weather

January Blast of Cold & Snow

January is usually the coldest, snowiest, and driest month in Chicago. The average temperatures are 17°F to 31°F - most of the days remain below freezing. Snowfall is 10.8" as many days receive a fresh amount of snow.

Monday, January 13 at 10:30 a.m.
Carmel Hall

Resident Council

We look forward to your ideas!
Every resident is an automatic member of the resident council with the rights to attend meetings.



Mary S.	Jan. 1
Dennis B.	Jan. 2
Patricia S.	Jan. 3
Georgia B.	Jan. 9
Rita K.	Jan. 11
Sr. Grace R.	Jan. 15
Clare S.	Jan. 17
Marlene K.	Jan. 18
Jerry P.	Jan. 20
Joseph P.	Jan. 21
Fr. David D.	Jan. 25
Judith H.	Jan. 26
Charles W.	Jan. 29
Bill G.	Jan. 30
Alberder L.	Jan. 30
Julie W.	Jan. 31

Flower: Carnation

This month's flower has rich in history and significance as it is diverse—and with around 300 species, that's saying something! Its genus, *Dianthus*, means "flower of the gods." The flower was a favorite among early Romans, who made them into celebratory wreaths.

Birthstone: Garnet

The birthstone for the month of January is the garnet. This gem is a symbol of friendship, protection, and truth, and also denotes the second wedding anniversary. The name garnet comes from the Latin word *granatum* (which means "pomegranate"), as the stone resembles the rich red color and form of this fruit.

The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

stpatricksresidence.org

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | jwhitledge@stpatricksresidence.org

New Year's Day Good Luck Foods

In different cultures, certain foods are considered to bring good luck in the new year.

- Black-Eyed Peas - Ancient Egypt & Southern United States
- Cabbage - Germany & Eastern Europe
- Cake - Greece
- Lentils - Italy
- Fruits - Philippines
- Fish - Scandinavian Countries
- Noodles - China, Japan & Asian Cultures

Important Phone Numbers

Nursing Directors/Managers

Rachel Ext. 1545 Sr. Theresa Ext. 1586
Jamie Ext. 1502 Lori Ext. 1508

Nurse's Stations

1 West Ext. 1530 3 West Ext. 1550
2 East Ext. 1560 3 East Ext. 1570

Restorative Therapy Director

Tammy Ext. 1598

Clinical Services & Advanced Care

Andrea M. Ext. 1548

Life Enrichment Director - Jill Ext. 1528

Claire/Virginia Ext. 1595
Gloria/Tanfie/Emmy Ext. 1589

Social Services

Ebony C. Ext. 1577 Andrea M. Ext. 1548

Pastoral Care Director - Sr. Raphael Ext. 1512

Personal Funds/Bank - Brenda Ext. 1506

Dietary Director - Gary. Ext. 1585

Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Kevin Ext. 1503

Housekeeping Director - Dorota Ext. 1584

Housekeeping Evening Ext. 1639

Salon Appointments Ext. 1528

Front Desk "0" for Operator

Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

Martin Luther King Jr.

On Aug. 28, 1963, the Rev. Martin Luther King Jr. delivered his "I Have a Dream" speech from the steps of the Lincoln Memorial. This historic speech helped galvanize the Civil Rights Movement and brought the plight of the disenfranchised to a larger national and international audience.

"I have a dream that one day this nation will rise up and live out the true meaning of its creed — we hold these truths to be self-evident: that all men are created equal."

Snowflake Fun Facts

Snow is actually transparent:

While appearing white, snowflakes are made of tiny ice crystals that are translucent, reflecting light to create the white appearance.

A snowflake's journey:

It can take around an hour for a snowflake to fall from the cloud to the ground.

Largest snowflake ever recorded:

The Guinness Book of World Records states the largest snowflake measured 15 inches wide, reported in Fort Keogh, Montana.

No two snowflakes are exactly alike:

Each snowflake travels a unique path through the clouds, encountering slightly different conditions, resulting in a distinct shape and structure; making every snowflake unique.

Biggest snow storm in U.S. history:

The Great Blizzard of 1888, also known as the Great White Hurricane left as much as 55 inches of snowfall in some areas, and caused disaster wherever it went. The entire area from Washington, D.C., to Maine suffered from brutal winds and massive snowdrifts.