

NOVEMBER 2024

ST. PATRICK'S RESIDENT NEWSLETTER

Thanksgiving History

In 1621, the Plymouth colonists and Wampanoag Indians shared an autumn harvest feast that is acknowledged today as one of the first Thanksgiving celebrations in the colonies. It wasn't until 1863, in the midst of the Civil War, that President Abraham Lincoln proclaimed a national Thanksgiving Day to be held each November.

Chicago Weather

First Snow of the Season

Average Temperature: 48°F Average Winter weather usually arrives during November. November is also Chicago's cloudiest month.

"THANKSGIVING IS A JOYOUS INVITATION TO SHOWER THE WORLD WITH LOVE AND GRATITUDE."

Resident Council

**Monday, November 18 at 10:00 a.m.
Carmel Hall**

We look forward to your ideas! Every resident is an automatic member of the resident council with the rights to attend meetings. Resident Council Minutes are posted on your unit bulletin board. If you are unable to attend, please call Ext. 1528 with your concerns or suggestions.

Happy Birthday

Sharon N.	Nov 1
Maria G.	Nov 5
Sr. Paula	Nov 5
Sonja A.	Nov 8
Julia B.	Nov 11
Madelene V.	Nov 11
Louise W.	Nov 16
Fr. Emil A.	Nov 17
Cindy D.	Nov 19
Katie L.	Nov 19
Fr. John D.	Nov 22
Marie S.	Nov 22
Mary C.	Nov 25

November Holidays

Friday, November 1 - All Saints Day
Sunday, November 3 - Time Change
Monday, November 11 - Veterans Day
Thursday, November 28 - Thanksgiving Day

Birthstone: Topaz

Topaz, the birthstone for November, likely gets its name from the Red Sea's Island of Topazios. It's often tinged with other minerals to create shades of pink, orange, and blue, but it is most commonly found in hues of yellow and gold. The ancient Greeks associated topaz with strength.

Flower: Chrysanthemum

These beautiful blooms, more commonly called tansies or mums, generally signify optimism and cheerfulness. Mums are a friendship flower and a lovely gift for expressing your appreciation.

The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

stpatricksresidence.org

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | jwhitledge@stpatricksresidence.org

Honoring Our Veterans

To all members of our military, in all branches, past and present, thank you for your sacrifice and bravery.
Friday, Nov. 8th at 10:00 a.m.
Carmel Hall

Important Phone Numbers

Nursing Directors/Managers

Rachel Ext. 1545 Sr. Theresa Ext. 1586
Jamie Ext. 1502 Lori Ext. 1508

Nurse's Stations

1 West Ext. 1530 3 West Ext. 1550
2 East Ext. 1560 3 East Ext. 1570

Restorative Therapy Director

Tammy Ext. 1598

Clinical Services & Advanced Care

Andrea M. Ext. 1548

Life Enrichment Director - Jill Ext. 1528

Claire/Virginia Ext. 1595
Gloria/Tanfie/Emmy Ext. 1589

Social Services

Ebony C. Ext. 1577 Alison G. Ext. 1587

Pastoral Care Director - Sr. Raphael Ext. 1512

Personal Funds/Bank - Brenda Ext. 1506

Dietary Director - Gary. Ext. 1585

Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Kevin Ext. 1503

Housekeeping Director - Dorota Ext. 1584

Housekeeping Evening Ext. 1639

Salon Appointments Ext. 1528

Front Desk "0" for Operator

Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

Macy's Parade

The Annual Macy's Thanksgiving Day Parade will take place on November 28th at 9:00 am on NBC. The parade started in 1924, tying for the second oldest Thanksgiving parade in the United States.

Symbolic Significance of Pumpkins

Pumpkins symbolize gratitude, generosity, harvest, and abundance. Pumpkins also represent potential, as each pumpkin is packed full of seeds that will go on to make even more pumpkins.

The First Thanksgiving Feast Did you know?

For many Americans, the Thanksgiving meal includes seasonal dishes such as roast turkey with stuffing, cranberry sauce, mashed potatoes and pumpkin pie. The holiday feast dates back to November 1621, when the newly arrived Pilgrims and the Wampanoag Indians gathered at Plymouth for a 3-day autumn harvest celebration, an event regarded as America's "first Thanksgiving." But what was really on the menu at the famous banquet?

- Goose & Duck
- Venison, Wild Turkey,
- Fish, Lobster & Mussels
- Chestnuts & Walnuts
- Stew
- Beer
- Cornbread
- Pumpkin (not pie)
- Squash, Turnips & Carrots

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