

NOVEMBER 2023

ST. PATRICK'S RESIDENT NEWSLETTER

Thanksgiving History

In 1621, the Plymouth colonists and Wampanoag Indians shared an autumn harvest feast that is acknowledged today as one of the first Thanksgiving celebrations in the colonies. It wasn't until 1863, in the midst of the Civil War, that President Abraham Lincoln proclaimed a national Thanksgiving Day to be held each November.

Chicago Weather

First Snow of the Season

Average Temperature: 48°F Average
Winter weather usually arrives during
November. November is also Chicago's
cloudiest month.

***"THANKSGIVING IS A JOYOUS
INVITATION TO SHOWER THE WORLD
WITH LOVE AND GRATITUDE."***

Resident Council

**Monday, November 20 at 10:30 a.m.
Carmel Hall**

We look forward to your ideas!
Every resident is an automatic member of the
resident council with the rights to attend
meetings. Resident Council Minutes are
posted on your unit bulletin board. If you are
unable to attend, please call Ext. 1528 with
your concerns or suggestions.

Happy Birthday

Sharon N.	Nov 1
Elizabeth M.	Nov 6
Sonja A.	Nov 8
Madelene V.	Nov 11
Mary N.	Nov 13
Louise W.	Nov 16
Fr. Emil A.	Nov 17
Cindy D.	Nov 19
Tessie J.	Nov 19
Katie L.	Nov 19
Mary C.	Nov 25

November Holidays

Wednesday, November 1 - All Saints Day
Sunday, November 5 - Time Change
Saturday, November 11 - Veterans Day
Thursday, November 23 - Thanksgiving Day

Birthstone: Topaz

Topaz, the birthstone for November, likely gets its name from the Red Sea's Island of Topazios. It's often tinged with other minerals to create shades of pink, orange, and blue, but it is most commonly found in hues of yellow and gold. The ancient Greeks associated topaz with strength.

Flower: Chrysanthemum

These beautiful blooms, more commonly called tansies or mums, generally signify optimism and cheerfulness. Mums are a friendship flower and a lovely gift for expressing your appreciation.

The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

stpatricksresidence.org

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | jwhitledge@stpatricksresidence.org

Macy's Parade

The Annual Macy's Thanksgiving Day Parade will take place on November 23rd at 9:00 am on NBC. The parade started in 1924, tying for the second oldest Thanksgiving parade in the United States.

Honoring Our Veterans

To all members of our military, in all branches, past and present, thank you for your sacrifice and bravery.

Wednesday, Nov. 8th at 1:45 p.m.
Carmel Hall

Important Phone Numbers

Nursing Directors/Managers

Rachel Ext. 1545 Sr. Theresa Ext. 1586
Anna Ext. 1597 Maira Ext. 1502
Jessica Ext. 1555

Nurse's Stations

2 West Ext. 1540 3 West Ext. 1550
2 East Ext. 1560 3 East Ext. 1570

Life Enrichment Director - Jill Ext. 1528

Claire Ext. 1595 Gloria/Tanfie Ext. 1589

Social Services - Andrea M. Ext. 1548

Alison G. Ext. 1587

Pastoral Care Director - Sr. Kathleen Ext. 1500

Dietary Director - Andrea R. Ext. 1585

Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Kevin Ext. 1503

Housekeeping & Laundry Director -

Dorota Ext. 1584

Salon Appointments Ext. 1528

Front Desk "0" for Operator

Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

Podcasts & Conversation

We cordially invite you to participate in a peer discussion on November 1st and 29th at 1:45 PM. The discussion will follow an entertaining and informative podcast, taking place on 2 East.

Symbolic Significance of Pumpkins

Pumpkins symbolize gratitude, generosity, harvest, and abundance. Pumpkins also represent potential, as each pumpkin is packed full of seeds that will go on to make even more pumpkins.

The First Thanksgiving Feast Did you know?

For many Americans, the Thanksgiving meal includes seasonal dishes such as roast turkey with stuffing, cranberry sauce, mashed potatoes and pumpkin pie. The holiday feast dates back to November 1621, when the newly arrived Pilgrims and the Wampanoag Indians gathered at Plymouth for a 3-day autumn harvest celebration, an event regarded as America's "first Thanksgiving." But what was really on the menu at the famous banquet?

- Goose & Duck
- Venison, Wild Turkey,
- Fish, Lobster & Mussels
- Chestnuts & Walnuts
- Stew
- Beer
- Cornbread
- Pumpkin (not pie)
- Squash, Turnips & Carrots

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