

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

## 2 WEST ACTIVITIES

			<p>1</p> <p>9:00 Pop-ins Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Exercise/Games/Trivia 11:45 Easy Listening Music 1:30 Table Game at 2 West Dining 1:45 Podcasts &amp; Conversation at 2 East 3:30 TV Favorites - Residents Choice</p>	<p>2</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass at the Chapel 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 West Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice</p>	<p>3</p> <p>9:00 Pop in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy at 2 West TV Room 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games/Puzzle 3:00 Happy Hour at 2 west</p>	<p>4</p> <p>9:15 Pop-in Visits - The Perk Daily/Puzzle 10:30 The Rosary – 2 East TV Room 11:45 Easy Listening Music 1:30 Table Games at 2 West Dining 3:00 TV Favorites - Residents Choice</p>
<p>5</p> <p>10:30 Mass/Chapel (Channel 61)  11:45 Easy Listening Music  1:30 TV Favorites - Resident Choice</p>	<p>6</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/Sing A Long 10:00 Dog Visits with Maggie 10:30 Divine Mercy/Communion at 2 West TV Room 11:30 Easy Listening Music 1:30 The Chosen at TV Room 3:00 Happy Hour at 2 West</p>	<p>7</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:00 1:1 Visits 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 West Dining Room 3:30 TV Favorites - Residents Choice</p>	<p>8</p> <p>9:00 Pop-ins Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Exercise/Games/Trivia 11:45 Easy Listening Music 1:30 The Chosen at TV Room 1:45 Veteran's Day Program at Carmel Hall 3:30 TV Favorites - Residents Choice</p>	<p>9</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass at the Chapel 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 West Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice</p>	<p>10</p> <p>9:00 Pop in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy at 2 West TV Room 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games/Puzzle 3:00 Happy Hour at 2 West</p>	<p>11</p> <p>9:15 Pop-in Visits - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 Table Games at 2 West Dining 3:00 TV Favorites - Residents Choice</p> <p style="text-align: right;"><small>Veterans Day Remembrance Day (Canada)</small></p>
<p>12</p> <p>10:30 Mass/Chapel (Channel 61)  11:00 Pet Therapy – Front Lobby  11:45 Easy Listening Music  1:30 TV Favorites - Resident Choice</p> <p style="text-align: right;"><small>Diwali (Hindi)</small></p>	<p>13</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/Sing A Long 10:00 Dog Visits with Maggie 10:30 Divine Mercy/Communion at 2 West TV Room 11:00 Choir Practice at 2 West 11:30 Easy Listening Music 1:45 Friendsgiving crafts &amp; Desserts at Carmel Hall 3:00 Happy Hour – 2 West</p>	<p>14</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:00 1:1 Visits 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 West Dining Room 3:30 TV Favorites - Residents Choice</p>	<p>15</p> <p>9:00 Pop-ins Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Exercise/Games/Trivia 11:45 Easy Listening Music 1:45 Art Club at 2 West Dining 3:30 TV Favorites - Residents Choice</p>	<p>16</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass at the Chapel 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 West Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice</p>	<p>17</p> <p>9:00 Pop in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy at 2 West TV Room 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games/Puzzle 3:00 Happy Hour at 2 West</p>	<p>18</p> <p>9:15 Pop-in Visits - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 Table Games at 2 West Dining 3:00 TV Favorites - Residents Choice</p>
<p>19</p> <p>10:30 Mass/Chapel (Channel 61)  11:45 Easy Listening Music  1:30 TV Favorites - Resident Choice</p>	<p>20</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/Sing A Long 10:00 Dog Visits with Maggie 10:30 Residents Council at Carmel Hall 11:30 Easy Listening Music 1:30 Table Games/Puzzle 2:15 Fall Treat from St. Raphael Students 3:00 Happy Hour 2 West</p>	<p>21</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:00 1:1 Visits 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 West Dining Room 3:30 TV Favorites - Residents Choice</p>	<p>22</p> <p>9:00 Pop-ins Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Exercise/Games/Trivia 11:45 Easy Listening Music 1:30 Craft Corner at 2 West 3:30 TV Favorites - Residents Choice</p>	<p>23</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle Thanksgiving Parade on TV 10:00 Mass at the Chapel 11:45 Easy Listening Music 1:30 BINGO 2 West Dining Room 3:00 TV Favorites - Residents Choice</p> <p style="text-align: right;"><small>Thanksgiving Day (US)</small></p>	<p>24</p> <p>9:00 Pop in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy at 2 West TV Room 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games/Puzzle 3:00 Happy Hour 2 West</p>	<p>25</p> <p>9:15 Pop-in Visits - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 Table Games at 2 West Dining 3:00 TV Favorites - Residents Choice</p>
<p>26</p> <p>10:30 Mass/Chapel (Channel 61)  11:45 Easy Listening Music  1:30 TV Favorites - Resident Choice</p>	<p>27</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/Sing A Long 10:00 Dog Visits with Maggie 10:30 Divine Mercy/Communion at 2 West TV Room 11:00 Choir Practice at 2 West 11:30 Easy Listening Music 1:30 Table Games/Puzzle 3:00 Happy Hour at 2 West</p>	<p>28</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:00 1:1 Visits 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 West Dining Room 3:30 TV Favorites - Residents Choice</p>	<p>29</p> <p>9:00 Pop-ins Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Exercise/Games/Trivia 11:45 Easy Listening Music 1:30 Table Game at 2 West Dining 1:45 Podcasts &amp; Conversation - 2 East 3:30 TV Favorites - Residents Choice</p>	<p>30</p> <p>9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass at the Chapel 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 West Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice</p>	<p style="text-align: center;"><b>What are YOU Thankful For?</b></p> <p style="text-align: center;">health home family friends food</p>	

Activities and times are subject to change. Thank you for your understanding. Mass on channel 61, Communion on units for those unable to attend Mass.