

MAY 2023

ST. PATRICK'S RESIDENT NEWSLETTER

Tulips

A few things you might not know about tulips: There are over 150 species of tulips with over 3,000 different varieties. They occur naturally in every color -- except for blue. Their petals are edible. (some taste like lettuce; others, more like peas or cucumbers.) Different colored tulips have different meanings. The red flowers symbolize true love while purple represents loyalty. The Netherlands produces about 60 percent of the world's supply, but tulips grow like weeds across coastal swaths of Europe, Asia, the South Pacific, and even the United States. Here are a few Dutch inspired names of towns in the United States: Holland, Michigan, Wooden Shoes Farm, Oregon, Dutch Mills, Arkansas, Rembrandt, Iowa.

Chicago Weather

The temperatures climb steadily throughout the month with an average high of 70. During this month, we often see 3.7 inches of rain. May brings in very pleasant weather and tends to be the city's least humid month.

May Quote

"Spread love everywhere you go." -
Mother Teresa

Happy Birthday

Isabella S.	May 3
Joseph D.	May 3
Maria P.	May 4
Marilyn Z.	May 6
Agapita G.	May 8
Marilyn E.	May 9
Mary Jo M.	May 13
Mariette K.	May 16
Beverly L.	May 17
Nancy W.	May 20
Julieta P.	May 20
Grace P.	May 22
Kathleen L.	May 22
Rita K.	May 27
Dolores H.	May 28
Daniel S.	May 29
Alice Z.	May 30
Margo C.	May 31
Carmella U.	May 31

Flower: Lily-of-the-valley

The fragrant lily-of-the-valley signifies sweetness, humility, and a return to happiness. If you want to show your loved one that your life is complete with them, give them a few lilies of the valley.

Birthstone: Emerald

As the birthstone for May, the emerald, a symbol of rebirth, is believed to grant the owner foresight, good fortune, and youth. Emerald, derived from the word "smaragdus," means, quite literally, "green" in Greek. A fine emerald is a truly breathtaking sight, and this member of the beryl family deserves its placement among the traditional "Big Four" gems, along with diamond, ruby, and sapphire.

The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

stpatricksresidence.org

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | jwhitledge@stpatricksresidence.org

Maypole Dance Tradition

Maypole dance is a ceremonial folk dance performed around a tall pole garlanded with greenery or flowers and often hung with ribbons that are woven into complex patterns by the dancers.

National Skilled Nursing Care Week May 15-19

Thank you for your amazing strength, patience, and kindness. In honor of you, we will celebrate all week long with fun activities, food, and events.

Resident Council

**Friday, May 12 at 10:45 a.m.
Carmel Hall**

We look forward to your ideas! Every resident is an automatic member of the resident council with the rights to attend meetings. Resident Council Minutes are posted on your unit bulletin board. If you are unable to attend, please call Ext. 1528 with your concerns or suggestions.

Special Days

May Day - May 1

Cinco de Mayo - May 5

Mother's Day - May 14

Armed Forces Day - May 20

Memorial Day - May 29

Mother's Day

The official Mother's Day holiday arose in the 1900s as a result of the efforts of Anna Jarvis, daughter of Ann Reeves Jarvis. Following her mother's 1905 death, Anna Jarvis conceived of Mother's Day as a way of honoring the sacrifices mothers made for their children.

Mother's Day Quote

Unless mom can't find it, then nothing is truly missing. - Jennifer Betts

Important Phone Numbers

Nursing Directors/Managers

Rachel Ext. 1545 Sr. Theresa Ext. 1586
Anna Ext. 1597 Maira Ext. 1502
Jessica Ext. 1555

Nurse's Stations

1 West Ext. 1530 3 West Ext. 1550
2 East Ext. 1560 3 East Ext. 1570

Life Enrichment Director - Jill Ext. 1528

Bianka Ext. 1595 Gloria Ext. 1589

Social Services - Andrea M. Ext. 1548

Pastoral Care Director - Sr. Kathleen Ext. 1500

Dietary Director - Andrea R. Ext. 1585

Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Kevin Ext. 1503

Housekeeping Director - Dorota Ext. 1584

Housekeeping Evening Ext. 1639

Salon Appointments Ext. 1528

Front Desk "0" for Operator

Ombudsman - DuPage County

Karina Vazquez - 630-407-6483