

MARCH 2023

ST. PATRICK'S RESIDENT NEWSLETTER

Patrick of Ireland

According to the autobiographical Confession of Patrick, when he was about sixteen, he was captured by Irish pirates from his home in Britain. He was taken as a slave to Ireland, looking after animals. He lived there for six years before escaping and returning to his family. After becoming a cleric, he returned to northern and western Ireland. In later life, he served as a bishop, but little is known about the places where he worked. By the seventh century, he had already come to be revered as the Patron Saint of Ireland. Saint Patrick's Day is observed on March 17, the supposed date of his death. It is celebrated inside and outside Ireland as a religious and cultural holiday.

Chicago Weather

March, the first month of the spring in Chicago, is still a cold month with temperatures increasing by 10°F from 40°F to 51°F. The month tends to be partly sunny for 13 days with about 11 days of precipitation.

March Quote

"Here's the thing about luck...you don't know if it's good or bad until you have some perspective."



Lula S.	Mar 12
Mary C.	Mar 16
Michael B.	Mar 17
Jane F.	Mar 20
Marilynn K.	Mar 26
Ritamae D.	Mar 28
Bhaska P.	Mar 30

Special Days

Daylight Savings Time	March 12
St. Patrick's Day	March 17
Spring Begins	March 20

Flower: Daffodil

The daffodil symbolizes rebirth and new beginnings. It became associated with new beginnings (and the coming of spring) because it is one of the first perennials to bloom after the winter frost.

Birthstone: Aquamarine

Aquamarine is a pale blue gem that gets its name from the Latin for "water of the sea." The stones with the deepest blue color fetch the highest prices. Aquamarines were highly prized by sailors, who believed the stones could provide protection on their voyages.

The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

stpatricksresidence.org

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | jwhitledge@stpatricksresidence.org

Facts About Ireland

- St. Patrick was born in Wales, not in Ireland.
- The harp is the national symbol of Ireland and not the shamrock.
- Ireland has the third-largest consumption of tea per capita.
- There were never snakes in Ireland, even before Saint Patrick.
- Irish surnames that start with "Mac" means "son of."
- Irish surnames that start with "O" means "grandson of."
- The Titanic was built in Belfast.

Important Phone Numbers

Nursing Directors/Managers

Rachel Ext. 1545 Sr. Theresa Ext. 1586
Anna Ext. 1597 Maira Ext. 1502
Jessica Ext. 1555

Nurse's Stations

1 West Ext. 1530 3 West Ext. 1550
2 East Ext. 1560 3 East Ext. 1570

Life Enrichment Director - Jill Ext. 1528

Bianka Ext. 1595 Gloria Ext. 1589

Social Services - Andrea M. Ext. 1548

Pastoral Care Director - Sr. Kathleen Ext. 1500

Dietary Director - Andrea R. Ext. 1585

Gretta Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Kevin Ext. 1503

Housekeeping Director - Jerry Ext. 1584

Housekeeping Evening Ext. 1603 or 1604

Salon Appointments Ext. 1528

Front Desk "0" for Operator

Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

In like a Lion.....

"In like a lion, out like a lamb" has always seemed a straightforward enough proverb: when March starts, it's still winter, and by the end of the month spring has begun.

Some other March-related weather lore includes:

- A dry March and a wet May? Fill barns and bays with corn and hay.
- As it rains in March, so it rains in June.
- March winds and April showers? Bring forth May flowers.
- So many mists in March you see, so many frosts in May will be.

What will March be like in Naperville?

The Meaning of the Shamrock

The three-leaf clover, a type of trefoil plant, has been considered the unofficial national flower of Ireland for centuries. Irish legend says that Saint Patrick used the shamrock as an educational symbol to explain the Holy Trinity to nonbelievers as he converted the Irish to Christianity in the fourth century.

Resident Council

Monday, March 20 at 10:45 a.m.

2 East Dining Room

We look forward to your ideas!

Every resident is an automatic member of the resident council with the rights to attend meetings. Resident Council Minutes are posted on your unit bulletin board. If you are unable to attend, please call Ext. 1528 with your concerns or suggestions.