

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Sunday Mass/Chapel <b>1</b> 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice  <small>New Year's Day</small>	9:00 Pop-in Visits <b>2</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 10:00 Pet Therapy with Maggie 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour – Coffee Shop	9:00 Pop-ins Visits <b>3</b> - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:45 Easy Listening Music 1:30 Bingo/3W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice	9:00 Pop-ins Visits <b>4</b> - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Morning Exercise 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Manicures 3:30 TV Favorites - Resident Choice	9:00 Pop-ins Visits <b>5</b> - The Perk Daily/Puzzle 9:45 Mass /Chapel 10:00 Pet Therapy with Cassie 10:30 Coffee Social/Carmel Hall 11:00 Sing A Long 11:45 Easy Listening Music 1:00 Pet Therapy with Zoey 1:30 Bingo/3 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident	9:00 Pop-in Visits <b>6</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Finish the Line 10:45 Sing A Long with Mike 11:45 Easy Listening Music 1:30 Celebrating the Epiphany 3:00 Happy Hour - Coffee Shop	9:15 Pop-ins Visits <b>7</b> - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 Table Games 3:00 TV Favorites – Resident Choice
10:00 Pet Therapy with Isabelle <b>8</b> 10:30 Sunday Mass/Chapel 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice	9:00 Pop-in Visits <b>9</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour – Coffee Shop	9:00 Pop-ins Visits <b>10</b> - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:45 Easy Listening Music 1:30 Bingo/3 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice	9:00 Pop-ins Visits <b>11</b> - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Morning Exercise 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Manicures 3:30 TV Favorites - Resident Choice	9:00 Pop-ins Visits <b>12</b> - The Perk Daily/Puzzle 9:45 Mass /Chapel 10:00 Pet Therapy with Cassie 10:30 Coffee Social/Carmel Hall 11:00 Sing A Long 11:45 Easy Listening Music 1:00 Pet Therapy with Zoey 1:30 Bingo/3W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident	9:00 Pop-in Visits <b>13</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Finish the Line 10:45 Sing A Long with Mike 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour - Coffee Shop	9:15 Pop-ins Visits <b>14</b> - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 Table Games 3:00 TV Favorites – Resident Choice
10:00 Pet Therapy with Isabelle <b>15</b> 10:30 Sunday Mass/Chapel 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice	9:00 Pop-in Visits <b>16</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 10:00 Pet Therapy with Maggie 11:00 1:1 Visits 11:45 Easy Listening Music 1:45 Resident Council - 2 East DR 3:00 Happy Hour – Coffee Shop <small>Martin Luther King Jr. Day</small>	9:00 Pop-ins Visits <b>17</b> - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:45 Easy Listening Music 1:30 Bingo/3W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice	9:00 Pop-ins Visits <b>18</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 11:45 Easy Listening Music 1:45 Art Club - Carmel Hall 3:30 TV Favorites - Resident Choice	9:00 Pop-ins Visits <b>19</b> - The Perk Daily/Puzzle 9:45 Mass /Chapel 10:00 Pet Therapy with Cassie 10:30 Coffee Social/Carmel Hall 11:00 Sing A Long 11:45 Easy Listening Music 1:00 Pet Therapy with Zoey 1:30 Bingo/3 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident	9:00 Pop-in Visits <b>20</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Finish the Line 10:45 Sing A Long with Mike 11:45 Easy Listening Music 2:00 Mother's Tea Carmel Hall 3:00 Happy Hour - Coffee Shop	9:15 Pop-ins Visits <b>21</b> - The Perk Daily/Puzzle 11:45 Easy Listening Music 3:00 TV Favorites – Resident Choice
10:30 Sunday Mass/Chapel <b>22</b> 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice  <small>Chinese New Year (Year of the Rabbit)</small>	9:00 Pop-in Visits <b>23</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 11:00 1:1 Visits 11:45 Easy Listening Music 2:00 Chinese New Year -Coffee Shop 3:00 Happy Hour – Coffee Shop <small>Activity Professionals Week</small>	9:00 Pop-ins Visits <b>24</b> - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:45 Easy Listening Music 1:30 Bingo/3 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice	9:00 Pop-ins Visits <b>25</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Manicures 3:30 TV Favorites - Resident Choice	9:00 Pop-ins Visits <b>26</b> - The Perk Daily/Puzzle 9:45 Mass /Chapel 10:00 Pet Therapy with Cassie 10:30 Coffee Social/Carmel Hall 11:00 Sing A Long 11:45 Easy Listening Music 1:00 Pet Therapy with Zoey 1:30 Bingo/ 3 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident <small>Australia Day (Observed)</small>	9:00 Pop-in Visits <b>27</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Finish the Line 10:45 Sing A Long with Mike 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour - Coffee Shop	9:15 Pop-ins Visits <b>28</b> - The Perk Daily/Puzzle 11:45 Easy Listening Music 3:00 TV Favorites – Resident Choice
10:30 Sunday Mass/Chapel <b>29</b> 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice	9:00 Pop-in Visits <b>30</b> - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 10:00 Pet Therapy with Maggie 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour – Coffee Shop	9:00 Pop-ins Visits <b>31</b> - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:45 Easy Listening Music 1:30 Bingo/3 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice	<h1>January 2023</h1> <h2>3 West Activities</h2>			

Activities and times are subject to change. Thank you for your understanding. Mass on channel 61. Communion on the units for those unable to attend Mass.