

DECEMBER 2022

ST. PATRICK'S RESIDENT NEWSLETTER

The Candles of the Advent Wreath

In churches that celebrate Advent, the most common factor across denominations is the Advent wreath, which was adopted around the Middle Ages. It's like a normal Christmas wreath, but presented horizontally, often on a podium at the front of the church (though people often have them in their homes as well). There are typically candleholders for tapers in the wreath. The colors vary slightly from denomination to denomination, but the wreath always has four candles on it — typically three dark purple or blue, one rose-colored — and a white candle in the middle to light on Christmas Eve.

“Wishing you all the wonder, joy, and peace the season brings.”

Resident Council

Monday, December 5th at 1:45 p.m.

2 West Dining Room

We look forward to your ideas!

Every resident is an automatic member of the resident council with the rights to attend meetings. Resident Council Minutes are posted on your unit bulletin board. If you are unable to attend, please call Ext. 1528 with your concerns or suggestions.



Ann K.	Dec. 3
Gerald M.	Dec. 5
Thelma S.	Dec. 13
Graham C..	Dec. 14
Donald K.	Dec. 18
Judith S.	Dec. 23
Janet C.	Dec. 27

Chicago Weather

Winter Begins

The winter solstice, on December 21, is the shortest day of the year in the northern hemisphere. The average temperature in Chicago is 27 degrees, and on average only 3 hours of sun per day.

Birthstone: Turquoise

Turquoise, the birthstone for December has been considered a lucky gemstone for thousands of years. Legend has it that wearing the blue stone will bring material wealth. Turquoise can change color due to exposure to light, acidic compounds, dust, or other chemicals.

Flower: Narcissus

The narcissus is symbolic of good wishes, hope and wealth. Narcissus is actually a genus of flowers, and daffodil is the common name for any of the plants that fall into this genus.

The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

stpatricksresidence.org

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | jwhitledge@stpatricksresidence.org

Chicago Bears Schedule

Sunday, Dec. 4 at Noon on Fox
Sunday, Dec. 18 at Noon on Fox
Sunday, Dec. 24 at Noon on CBS

The Legend of Santa Claus

The legend of Santa Claus can be traced back hundreds of years to a monk named St. Nicholas. It is believed that Nicholas was born sometime around 280 A.D. in Patara, near Myra in modern-day Turkey. Much admired for his piety and kindness, St. Nicholas became the subject of many legends. It is said that he gave away all of his inherited wealth and traveled the countryside helping the poor and sick.

Nursing Directors/Managers

Rachel Ext. 1545 Sr. Theresa Ext. 1586
Anna Ext. 1597 Jessica Ext. 1555

Nurse's Stations

1 West Ext. 1530 2 West Ext. 1540
2 East Ext. 1560 3 East Ext. 1570

Life Enrichment Director - Jill Ext. 1528

Bianka Ext. 1595 Gloria Ext. 1589

Social Services - Andrea M. Ext. 1548

Pastoral Care Director - Sr. Kathleen Ext. 1500

Dietary Director - Andrea R. Ext. 1585

Janelle Ext. 1521 Diet Office Ext. 1524

Maintenance Director - Kevin Ext. 1503

Housekeeping Director - Manny/Kim Ext. 1584

Housekeeping Evening Ext. 1603 or 1604

Salon Appointments Ext. 1528

Front Desk "0" for Operator

Special Days

Tuesday, Dec. 6 - Saint Nicholas Day
Thursday, Dec. 8 - Immaculate Conception
Wednesday, Dec. 21 - Winter Begins
Saturday, Dec. 24 - Christmas Eve
Sunday, Dec. 25 - Christmas
Saturday, Dec. 31 - New Year's Eve

The Twelve Days of Christmas

"The Twelve Days of Christmas" is a cumulative song, meaning that each verse is built on top of the previous verses. There are twelve verses, each describing a gift given by "my true love."

- A partridge in a pear tree
- 2 turtles doves
- 3 French hens
- 4 calling birds
- 5 gold rings
- 6 geese a-laying
- 7 swans a-swimming
- 8 maids a-milking
- 9 ladies dancing
- 10 lords a-leaping
- 11 pipers piping
- 12 drummers drumming



The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

stpatricksresidence.org

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | jwhitledge@stpatricksresidence.org