December 2022

2 East Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 East Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice	2 9:00 The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy at 2 East TV Room 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Table Games 3:00 Happy Hour at Coffee Shop	3 9:15 Pop-in Visits - The Perk Daily/Puzzle 11:45 Easy Listening Music 3:00 TV Favorites - Residents Choice
4 10:30 2nd Sunday in advent/Chapel (Channel 61) 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice	5 9:00 The Perk Daily/Puzzle 9:15 Morning Exercise 10:00 Dog Visits - Maggie 10:15 Home for the Holiday Concert - Carmel Hall 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Resident Council at 2 West Dining 3:00 Happy Hour at Coffee Shop	6 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:00 Zoey Visits 1:30 BINGO 2 East Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice	7 9:00 Pop-ins Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Christmas Trivia/Sing A Long 3:30 TV Favorites - Residents Choice	8 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 East Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice	9 9:00 The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy at 2 East TV Room 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Table Games 3:00 Happy Hour at Coffee Shop	10 9:15 Pop-in Visits - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 Table Games at 2 East Dining 3:00 TV Favorites - Residents Choice
11 10:30 3rd Sunday in advent/Chapel (Channel 61) 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice	12 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Christmas Craft at Carmel Hall 3:00 Happy Hour at Coffee Shop	13 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:00 Zoey Visits 1:30 BINGO 2 East Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents	14 9:00 Pop-ins Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Morning Exercise 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Christmas Around the World – 2 East Dining Room 3:30 TV Favorites - Residents Choice	15 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 East Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice	16 9:00 The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy at 2 East TV Room 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Table Games 3:00 Happy Hour at Coffee Shop	17 9:15 Pop-in Visits - The Perk Daily/Puzzle 11:45 Easy Listening Music 1;00 Christmas Caroling 3:00 TV Favorites - Residents Choice
18 10:30 4th Sunday in Advent Mass/Chapel (Channel 61) 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice Hanukkah Begins	19 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 10:00 Dog Visits - Maggie 10:00 Christmas Concert at Carmel Hall 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Christmas Decorating Cookies at Coffee Shop 3:00 Happy Hour at Coffee Shop	20 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:00 Zoey Visits 1:30 BINGO 2 East Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice	21 9:00 Pop-ins Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 10:30 Trivia 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Art Club - Carmel Hall 3:30 TV Favorites - Residents Choice Winter Begins	22 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 East Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice	23 9:00 The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy at 2 East TV Room 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Table Games 3:00 Happy Hour at Coffee Shop	24 9:15 Pop-in Visits - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 Table Games at 2 East Dining 3:00 TV Favorites - Residents Choice
25 10:30 The Nativity of the Lord Mass/Chapel (Channel 61) 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice Christmas	26 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Table Games 3:00 Happy Hour at Coffee Shop Boxing Day (Canada) Kwanzaa Begins	27 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:00 Zoey Visits 1:30 BINGO 2 East Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice	28 9:00 Pop-ins Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Morning Exercise 11:15 1:1 Visits 11:45 Easy Listening Music 1:30 Craft Corner at 2 East Dining 3:30 TV Favorites - Residents Choice	29 9:00 Pop-in Visits - The Perk Daily/Puzzle 9:45 Mass/Chapel (Channel 61) 10:15 Coffee Social at Carmel Hall 11:45 Easy Listening Music 1:30 BINGO 2 East Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Residents Choice	30 9:00 The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Trivia Games/ Sing A Long 10:30 Divine Mercy at 2 East TV Room 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Cookies Time with Hot Cocoa 3:00 Opus Orchestra Concert at Carmel Hall **NO HAPPY HOUR**	31 9:15 Pop-in Visits - The Perk Daily/Puzzle 11:45 Easy Listening Music 3:00 New Year's Eve at Carmel Hall New Year's Eve

Activities and times are subject to change. Thank you for your understanding. Mass on channel 61, Communion on units for those unable to attend Mass.