

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

		<p>9:00 Pop-ins Visits 1 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:00 Trivia 11:45 Easy Listening Music 1:30 Bingo/2 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-ins Visits 2 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Morning Group Exercise 11:15 1:1 Visits 11:45 Easy Listening Music 1:45 Tabletop Games 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-ins Visits 3 - The Perk Daily/Puzzle 9:45 Mass /Chapel 10:30 Coffee Social/Carmel Hall 11:00 Sing A Long 11:45 Easy Listening Music 1:00 Pet Therapy - Zoey 1:30 Bingo 2 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-in Visits 4 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour - Coffee Shop</p>	<p>9:15 Pop-ins Visits 5 - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 Table Games 3:00 TV Favorites – Resident Choice</p>
<p>10:30 Sunday Mass/Chapel 6 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice</p> <p><small>Daylight Saving Time Ends</small></p>	<p>9:00 Pop-in Visits 7 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Pickle Day trivia Tongue Twisters 10:00 Pet Therapy – Maggie 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour – Coffee Shop</p>	<p>9:00 Pop-ins Visits 8 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:00 Trivia 11:45 Easy Listening Music 1:30 Bingo/2 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-ins Visits 9 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 10:15 Manicures 11:45 Easy Listening Music 1:45 Sing A Long 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-ins Visits 10 - The Perk Daily/Puzzle 9:45 Mass /Chapel 10:30 Coffee Social/Carmel Hall 11:00 Sing A Long 11:45 Easy Listening Music 1:30 Bingo 2 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-in Visits 11 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 11:00 Veteran’s Day Ceremony 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour - Coffee Shop</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9:15 Pop-ins Visits 12 - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 TV Favorites – Resident Choice</p>
<p>10:30 Sunday Mass/Chapel 13 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-in Visits 14 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 11:00 1:1 Visits 11:45 Easy Listening Music 1:45 Resident Council 2WDR 3:00 Happy Hour – Coffee Shop</p>	<p>9:00 Pop-ins Visits 15 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:00 Trivia 11:45 Easy Listening Music 1:30 Bingo/2 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-ins Visits 16 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Morning Exercise 11:45 Easy Listening Music 1:45 Art Club - Carmel Hall or Unit 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-ins Visits 17 - The Perk Daily/Puzzle 9:45 Mass /Chapel 10:30 Coffee Social/Carmel Hall 11:00 Sing A Long 11:45 Easy Listening Music 1:00 Pet Therapy - Zoey 1:30 Bingo 2 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-in Visits 18 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour - Coffee Shop</p>	<p>9:15 Pop-ins Visits 19 - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 Table Games 3:00 TV Favorites – Resident Choice</p>
<p>10:30 Sunday Mass/Chapel 20 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-in Visits 21 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 10:00 Pet Therapy – Maggie 11:00 1:1 Visits 11:45 Easy Listening Music 1:45 Piano Concert with Yan 3:00 Happy Hour – Coffee Shop</p>	<p>9:00 Pop-ins Visits 22 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:00 Trivia 11:45 Easy Listening Music 1:30 Bingo/2 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-ins Visits 23 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 10:15 Manicures 11:45 Easy Listening Music 1:45 Let’s Bake 3:00 Resident 1:1 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-ins Visits 24 - The Perk Daily/Puzzle Thanksgiving Parade 10:30 Mass/Chapel 11:15 1:1 Visits 11:45 Easy Listening Music 1:30 Thanksgiving Bingo 3:00 TV Favorites - Resident Choice</p> <p><small>Thanksgiving Day (US)</small></p>	<p>9:00 Pop-in Visits 25 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour - Coffee Shop</p>	<p>9:15 Pop-ins Visits 26 - The Perk Daily/Puzzle 11:45 Easy Listening Music 1:30 TV Favorites – Resident Choice</p>
<p>10:30 Sunday Mass/Chapel 27 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-in Visits 28 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Travelogue 11:00 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games 3:00 Happy Hour – Coffee Shop</p>	<p>9:00 Pop-ins Visits 29 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:00 Trivia 11:45 Easy Listening Music 1:30 Bingo/2 W Dining Room 3:00 1:1 Visits 3:30 TV Favorites - Resident Choice</p>	<p>9:00 Pop-ins Visits 30 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 10:30 Group Exercise 11:15 1:1 Visits 11:45 Easy Listening Music 1:30 Table Games 3:30 TV Favorites - Resident Choice</p>	<h1>November 2022</h1> <h2>2 WEST ACTIVITIES</h2>		

Activities and times are subject to change. Thank you for your understanding. Mass in channel 61. Communion on the units for those unable to attend Mass.