

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="margin: 0;">3 West</h2> <p style="margin: 0;">Happily we bask in this warm September sun!</p> <p style="margin: 0; font-size: small;">PLEASE ASK YOUR AIDE TO ASSIST YOU TO ACTIVITIES OR MASS. SCHEDULE SUBJECT TO CHANGE PER RESIDENT CHOICE.</p>				01 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Balloon Bounce 2:30 Sweet Treats 3:00 Nostalgia TV	02 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Mix & Match 2:30 Sweet Treats 3:00 Hits of the Yesteryear	03 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Magic Paints & Music 2:15 Treat Cart 3:00 Nostalgia TV
04 9:15 The Perk/Pop-in Visits 10:30 Mass - Chapel/Ch. 61 11:15 Easy Listening Music 1:30 Afternoon Fun 2:00 Sweet Treats 3:00 Classic Movie Time	05 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Fold & Sort 2:15 Cookies & Conversation 3:00 Music Monday	06 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Balloon Bounce 2:15 Music & Munchies 3:00 YouTube Videos	07 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:45 Piano Concert with Yan 2:30 Nostalgia & Noshing 3:00 Hits of the Yesteryear	08 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Balloon Bounce 2:30 Sweet Treats 3:00 Nostalgia TV	09 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Mix & Match 2:30 Sweet Treats 3:00 Hits of the Yesteryear	10 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Dot Painting 2:15 Treat Cart 3:00 Nostalgia TV
11 9:15 The Perk/Pop-in Visits 10:30 Mass - Chapel/Ch. 61 11:15 Easy Listening Music 1:30 Afternoon Fun 2:00 Sweet Treats 3:00 Classic Movie Time	12 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Fold & Sort 2:15 Cookies & Conversation 3:00 Music Monday	13 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Fun with Noodles 2:15 Music & Munchies 3:00 YouTube Videos	14 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Coloring & Zoey Visit 2:30 Nostalgia & Noshing 3:00 Hits of the Yesteryear	15 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Fun with Noodles 2:30 Sweet Treats 3:00 Nostalgia TV	16 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Mix & Match 2:30 Sweet Treats 3:00 Hits of the Yesteryear	17 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Magic Paints & Music 2:15 Treat Cart 3:00 Nostalgia TV
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Pet Therapy visits with Maggie every Monday & Friday at 10:30am