

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Tabletop Games 2:15 Cookies & Conversation 3:00 Music Monday	02 9:15 The Perk/Pop-in Visits 10:15 Let's Talk - Mardi Gras 11:15 Sounds for the Soul 1:30 Name Five Things 2:15 Music & Munchies 3:00 YouTube - Animals	03 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Coloring & Zoey Visit 2:00 Nostalgia & Noshing 3:00 Hits of the Yesteryear	04 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Balloon Bounce 2:30 Sweet Treats 3:00 Nostalgia TV	05 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Mix & Match 2:30 Sweet Treats 3:00 Hits of the Yesteryear	06 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Magic Paints & Music 2:15 Treat Cart 3:00 Nostalgia TV
07 9:15 The Perk/Pop-in Visits 10:30 Mass - Chapel/Ch. 61 11:15 Easy Listening Music 1:30 Afternoon Fun 2:00 Sweet Treats 3:00 Classic Movie Time	08 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Fold & Sort 2:15 Cookies & Conversation 3:00 Music Monday	09 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Balloon Bounce 2:15 Music & Munchies 3:00 YouTube Videos	10 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Coloring & Zoey Visit 2:30 Nostalgia & Noshing 3:00 Hits of the Yesteryear	11 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Balloon Bounce 2:30 Sweet Treats 3:00 Nostalgia TV	12 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Mix & Match 2:30 Sweet Treats 3:00 Hits of the Yesteryear	13 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Dot Painting 2:15 Treat Cart 3:00 Nostalgia TV
14 9:15 The Perk/Pop-in Visits 10:30 Mass - Chapel/Ch. 61 11:15 Easy Listening Music 1:30 Afternoon Fun 2:00 Sweet Treats 3:00 Classic Movie Time	15 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:45 Sing-along with Kevin 2:15 Cookies & Conversation 3:00 Music Monday	16 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Fun with Noodles 2:15 Music & Munchies 3:00 YouTube Videos	17 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Coloring 2:30 Nostalgia & Noshing 3:00 Hits of the Yesteryear	18 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Fun with Noodles 2:30 Sweet Treats 3:00 Nostalgia TV	19 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Mix & Match 2:30 Sweet Treats 3:00 Hits of the Yesteryear	20 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Magic Paints & Music 2:15 Treat Cart 3:00 Nostalgia TV
21 9:15 The Perk/Pop-in Visits 10:30 Mass - Chapel/Ch. 61 11:15 Easy Listening Music 1:30 Afternoon Fun 2:00 Sweet Treats 3:00 Classic Movie Time	22 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Fold & Sort 2:15 Cookies & Conversation 3:00 Music Monday	23 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Balloon Bounce 2:30 Music & Munchies 3:00 YouTube Videos	24 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Coloring & Zoey Visit 2:30 Nostalgia & Noshing 3:00 Hits of the Yesteryear	25 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Balloon Bounce 2:30 Sweet Treats 3:00 Nostalgia TV	26 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Mix & Match 2:30 Sweet Treats 3:00 Hits of the Yesteryear	27 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Dot Painting 2:15 Treat Cart 3:00 Nostalgia TV
28 9:15 The Perk/Pop-in Visits 10:30 Mass - Chapel/Ch. 61 11:15 Easy Listening Music 1:30 Afternoon Fun 2:00 Sweet Treats 3:00 Classic Movie Time	29 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Tabletop Games 2:15 Cookies & Conversation 3:00 Music Monday	30 9:15 The Perk/Pop-in Visits 10:15 Let's Talk 11:15 Easy Listening Music 1:30 Fun with Noodles 2:30 Music & Munchies 3:00 YouTube Videos	31 9:15 The Perk/Pop-in Visits 10:15 Group Exercise 11:15 Easy Listening Music 1:30 Coloring & Zoey Visit 2:30 Nostalgia & Noshing 3:00 Hits of the Yesteryear	<div style="text-align: center;">  <h2 style="color: #e91e63;">3 West</h2> <h3 style="color: #e91e63;">Sweet Summer Fun!</h3> <p style="color: #e91e63; font-size: small;">PLEASE ASK YOUR AIDE TO ASSIST YOU TO ACTIVITIES OR MASS. SCHEDULE SUBJECT TO CHANGE PER RESIDENT CHOICE.</p> </div>		