Our JOURNEY

Winter 2016



Dates to Remember...

December 3, 2016 Annual Christmas Cookie Walk and Boutique 10:00 a.m. - Noon

December 24, 2016 Christmas Eve Mass 7:00 p.m.

December 25, 2016 Christmas Day Mass 10:30 a.m.

March 5, 2017 St. Patrick's Day Mass

May 22, 2017 St. Patrick's Annual Benefit Golf Outing (Stonebridge Country Club)

Grandparent's Day Celebration Creates Memories



Families enjoyed the beautiful gardens with a day full of activities for all ages!



menories

THE DIFFERENCE IS LOVESM

Our Blessings

Dear Friends of St. Patrick's,

I hope everyone is enjoying the beautiful autumn weather. This time of year is perfect for Residents to be escorted off-site for fun activities. Just this month, some of our Residents went on a shopping trip to Target and another day enjoyed a trip to the casino boat in Aurora. Good fun was had by all!

Since I last wrote to you, we've lost our dear Sister Therese. She passed away on August 18 after a six-month illness. We think of her every day and often tell stories about her dry sense of humor and some of the funny things she would say. Please read the enclosed article about Sister Therese in this edition of *Our*



Journey. Sister Catherine, who served as the 3W unit secretary this past year, has been called to the Motherhouse in Germantown, New York to continue her mission. We wish her well in her future role.

We hosted our second Family Meeting of 2016 in early October with nearly 50 family members and Residents. These twice-yearly meetings are a great way for current families to ask and share thoughts. Our next Family Meeting will be held in the springtime and invitation letters will be sent out a month in advance to each family.

St. Patrick's Residence is working closely with the Carmelite System Leadership and a planning sub-committee of our Board to develop plans for continued renovation of the house focusing on the 2nd and 3rd floors.

Our new lobby hours are 8:00 a.m. to 8:00 p.m. every day of the year. However, you are able to visit your loved one after lobby hours by contacting our security staff at (331) 228-0386.

Have a wonderful Christmas season!

Marilyn Daley, Administrator



Our JOURNEY TOGETHER

is published three times a year by St. Patrick's Residence, served by the Carmelite Sisters for the Aged and Infirm. It is the policy of St. Patrick's to provide service to all persons without regard to race, color, national origin, handicap or age in compliance with 45 C.F.R. Parts 80, 84 and 91 respectively. The same requirements are applied to all, and there is no distinction in the eligibility for, or in the manner of providing services. Not for profit postage permit No. 1862, paid at Naperville, IL. All articles and photos within this newsletter are the property of St. Patrick's Residence. Reprint with permission only. St. Patrick's Residence is an Equal Opportunity Employer.

Please refer all questions to: St. Patrick's Residence 1400 Brookdale Road Naperville, IL 60563-2126 (630) 416-6565 info@stpatricksresidence.org

ANNOUNCING: AN EVENING PRESENTATION FOR OUR FAMILIES

The Carmelite Approach to Palliative Care: Co-Partners with our Residents and Families Presented by Sr. M. Peter Lillian Di Maria, O. Carm., Director of the Avila Institute of Gerontology, the Educational Institute of the Carmelite Sisters for the Aged and Infirm.

Sr. Peter has been working in the ministry of Geriatrics Care for over 35 years. She has lectured on Alzheimer's Disease, Palliative Care, Geriatric Spiritual Care, Family Issues, Stress Reduction and Team Building.

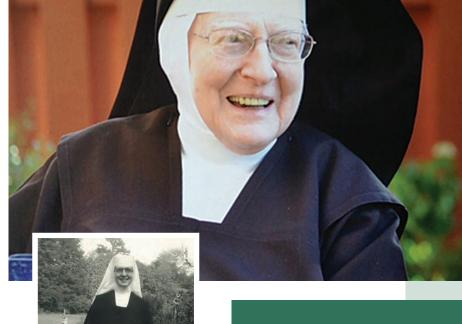
Tuesday, November 29, 2016 • 7:00 p.m. - 8:30 p.m. Our Lady of Mount Carmel Chapel at St. Patrick's Residence

Her Legacy Continues to Shine over St. Patrick's

he staff and families of St. Patrick's Residence continue to mourn the loss of Sister Maria Therese Valente. Words can't describe the warmth, compassion and friendliness that she brought to St. Patrick's Residence for over 28 years. Sister Therese began her journey of love with St. Patrick's on April 18, 1988 in our Joliet Home. The following year she assisted with the transition to our Home in Naperville. She was instrumental in the operation of our clinic and held the role of First Assistant and Bursar until 2013. In recent years, the staff fondly bestowed upon her the nickname "Hot Rod" as she sped through the halls of the Home with her scooter. Another fond memory was her daily breakfast of Rice Krispies. The staff and those that loved her miss the wonderful sense of humor and dedication to her Carmelite family and natural family. She put everyone's needs before her own. And for that she will be missed.

Sister Therese was born on June 24, 1930 in Chicago. She was a nurse by profession, but a holy sister to many people. She was a loving sister, aunt, great aunt, cousin and dear friend. She entered the Congregation on February 2, 1950, was professed on December 10, 1951 and made perpetual profession on December 8, 1955. Her missions included Sacred Heart Home(Chicago, IL), Carmel Manor (Fort Thomas, KY), Kahl Home (Davenport, IA), Madonna Residence (Brooklyn, NY), Ozanam Hall (Bayside, NY) and St. Patrick's Residence (Joliet and Naperville, IL). During her final days the Community prayed the Liturgy of the Hours and when she took her final breath on August 18, 2016, she was surrounded by her Sisters. As a devoted and faithful servant, who served for more than six decades, our hearts rejoice in knowing that she has entered into a more wonderful place keeping watch over "Planet Naperville."

Even though the scooter is no longer roaming the halls and the Rice Krispies remain sealed in their box, her legacy continues to shine at St. Patrick's. And for that we are grateful.



(Top) "Hot Rod" makes her rounds in the Emerald Garden (Above) Sr. Therese as a novice at St. Patrick's Home, Bronx, NY (Below) Sr. Therese O.Carm celebrates St. Patrick's Day.

Flower of Carmel
Blossoming Vine,
Splendor of Heaven,
Mother Divine,
None like to you.
Mother of our King,
Peerless and fair,
To your children
of Carmel
Favors grant ever,
Star of the sea. Amen









Gold Key Gala Proceeds Provide 22 Lifts for Residents!

he Gold Key Gala held on Thursday, September 22nd at the beautiful Cress Creek Country Club was an outstanding success reaching over \$129,000 in net proceeds! The proceeds of the event will help the Sisters purchase ergonomic lifts that will ease the transfer process for residents and will continue to prevent staff injury. These lifts will enhance the comfort and quality of care that residents receive daily. Without the support from sponsors, contributors and guests this purchase would not have been possible.

Thank you to the support, hard work and guidance of the 2016 Gold Key Gala Committee: Ray Jones, Mel and Elaine Brucher, Heidi Kapovich, Regina Millington and Nancy Quigley. In addition, thank you to Mike Lake for capturing the evening in photos, Audrey Kapovich from Taz's Tasty Treats for the cake pops and First Community Financial Bank-Naperville for sponsoring the "Pot O'Gold" prize.

We sincerely appreciate all of the Gold Key Gala sponsors, contributors and guests.





Greg Dellinger kept the bidders entertained and energized for the live auction.

2016 GOLD KEY SPONSORS

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Thank you to the many friends and businesses that made the Gala a success.

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(continued on page 6)











(GOLD KEY GALA continued)

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John Thorpe Tito's Handmade Vodka Robert and Patricia Traub Traverso's Restaurant Ulta Beauty Meredith Vecelas Daniel and Susan Voiland William and Marilyn Walsh Donna Welch John and Teresa Wirkus Writers Theatre, Glencoe

Mission Made Visible

t. Patrick's Residence is blessed with families, friends and staff who are dedicated to us and who are devoted to our residents. On November 4, we honored four members of our staff who exemplify the Mission of Mother Angeline Teresa and the Carmelite Sisters of St. Patrick's. They have gone beyond their duties to love and serve our residents in a way that comes from the heart. For 12 years, the presentation of the Mission Made Visible awards has been a way to recognize employees who are helping to continue Mother Angeline's legacy.

The award recipients are chosen from nominations submitted by our employees and are evaluated by the Mission Committee, focusing on one of the four Carmelite Core Values. This year's Core Value is Shared Commitment. Shared Commitment is defined as someone who promotes a "belief that quality of care is attained by a team spirit that has shared sense of achievement, accountability, ideas, insights and the commitment to the wise stewardship of resources. Treating one another respectfully and justly together for our common Mission will enable us to continue to move forward with the times."

Each recipient and their guest were invited to a special dinner with the Sisters and Department Heads where they received a plaque and a monetary gift. The Carmelite Sisters would like to thank the award recipients for displaying love, concern and respect to all of our residents and for believing in the Mission of Mother Angeline Teresa and St. Patrick's Residence. You are a blessing to us.



This year's Mission Made Visible recipients are (L-R): Lorenzo Safucay (Food Service), Johanna Tayaban (Nursing), Kevin Martin (Director of Maintenance), and Br. Dominic Saganich (Life Enrichment).

Christmas is just around the corner. If you wish to show your appreciation to all of our staff this holiday season, we ask that you make a donation to the St. Patrick's Staff Christmas Party, which includes an extra bonus from you. Please indicate on the memo line of your check: Staff Christmas Party. By doing this, your contribution will benefit all staff, as each of them participate in the care of your loved one.

Endowment Allows Staff to Dream of a Better Future

family member journeying with his dear wife in her final days, approached Sr. Anthony in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the exceptional loving care being provided by the Certified in August to bring attention to the except to be attention to

Jan and I have initiated a scholarship program for Certified Nurse Assistants (CNA's) at St. Patrick's Residence, the facility providing care for Jan. We have been touched by the loving care the CNA's provide for the patients including bathing, dressing and toilet duties—all the unglamorous daily personal chores. In spite of the rigorous demands of their work, we have found them to be dedicated, smiling examples of true Christian love, while earning less than \$15 per hour. Most younger CNA's are taking college courses while working \$15 per hour. Most younger CNA's are taking college courses while working full time to obtain their Nursing Education. Most older CNA's dream of their children and grandchildren attending college to provide for a better future.

Alex is one shining example. One night when I was exhausted and needed to sleep at home, she sat by Jan's side most of the night comforting her. Alex will never fully know the peace of mind she provided me knowing Jan was safe. Now Alex is like a member of our family.

Another example is Stephanie, who is working full time as a CNA while balancing a course load of 8 hours of classes each semester as she works toward her Nursing degree. When Stephanie is not taking classes, she sometimes works a 16 hour, double shift to earn extra money. Jan and I believe a scholarship a 16 hour, double shift to earn extra money. Is an and I believe a scholarship program will help ease the financial burden on CNA's like Alex and Stephanie.

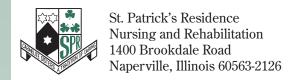
The program will be administered by the Carmelite Sisters, who manage the facility, and they will offer scholarships for CNA's and their children and grand-children. Ten percent of the fund will be set aside for financial emergencies like auto break downs.

auto break downs.

As a tribute to Jan, we hope you will consider making an ongoing commitment to support the CNA Scholarship Fund at St. Patrick's Residence as part of your to support the CNA Scholarship Fund at St. Patrick's Residence as part of your to support the CNA Scholarship Fund at St. Patrick's Residence as part of your to support ongoing operations. Thank you for annual giving plan. Your gift will not support ongoing operations. Thank you for considering my request to help CNA's, their children and grandchildren secure a life-changing education.

St. Patrick's wishes to thank the Mortensen's for their generosity and for the lasting impact they are making on the lives of our employees who give of themselves each day to care for the needs of our residents.

All of the memorials received in Jan's memory will serve as a lasting tribute in the CNA Scholarship and Employee Emergency Fund. To make a donation to the fund, please make your check payable to St. Patrick's Residence and indicate in the memo field: CNA Scholarship Fund. (Donations should be directed to the Marketing and Development Department). Donations can also be made through our website: stpatricksresidence.org.



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To stay in touch with what is going on at St. Patrick's, please check out our website: www.stpatricksresidence.org.

MARK YOUR CALENDAR

The Guild of St. Patrick's Residence Annual Christmas Cookie Walk & Boutique

n Saturday, December 3, the Guild of St. Patrick's Residence will host its Annual Christmas Cookie Walk & Boutique from 10:00 a.m. to noon. You may purchase the cookies pre-packaged or stroll among the tables to select your own holiday assortment. Cookies will be sold by the pound. Back by popular demand will be a limited supply of the ever-favorite English Toffee made by the Carmelite Sisters of St. Patrick's. It is a great pairing with any cookies. Don't miss out on this signature item because it will go quickly.

Do you have a talent for baking cookies? We are looking for cookie bakers to share your favorite holiday cookies with us. We would appreciate five to six dozen holiday-themed cookies delivered to the St. Patrick's Volunteer Office in disposable containers or trays by Friday, December 2 between the hours of 8:30 a.m. and 7:00 p.m. It's a wonderful family or group project.

If you have any questions regarding the Cookie Walk, please contact Jill Whitledge at (630) 416-6565, ext. 1528, or e-mail jwhitledge@stpatricksresidence.org.



Heather Hayes and her children fill containers with homemade cookies during last year's Cookie Walk.